Welcome to the new and improved group fitness schedule!

www.edenprairie.org/fitnessschedule

Check out its new features:

① Select filters to view specific classes. You can select multiple filters. You can select multiple selections within each filter (see page 2).

② Easily see how many openings remain in each class.

③ To register for a class, click the "Sign Up" button. Once you have completed your reservation or joined the waitlist, it changes from a red button to a white "Signed Up" or "Waitlisted" button (see page 3).

④ To see all the classes you have registered for and the waitlists you've joined, click the "My Reservations" button. This is also where you can add the class to your calendar, cancel your reservation or leave the waitlist (see page 4).

City of Eden Prairie

🔘 My Reservations ④

⌖ **Location** [Select Location ⇅]

① **Category** [Select Categories ⇅] **Studio** [Select Studios ⇅] **Class Name** [Select Classes ⇅] **Instructor** [Select Instructors ⇅]

August

| ‹ | Tue 9 | Wed 10 | Thu 11 | Fri 12 | **Sat 13** | Sun 14 | Mon 15 | › |

Saturday, August 13

8:00am-9:00am	**Aqua Motion** Cardio	Kari B.	Dive Pool Dive Pool		See More ⌄	② 12 of 24 open	**Sign Up** ③
8:30am-9:15am	**POUND** Cardio/Strength Combo	Tammy W. `sub`	Staring Lake Amphitheater Fitness in the Parks	POUND	See More ⌄		
8:30am-9:30am	**BodyPump** Strength	Laura C.	Studio A Studio A	LESMILLS BODYPUMP	See More ⌄	0 of 8 open	**Join Waitlist**
8:30am-9:30am	**BodyPump - VIRTUAL** Strength	Laura C.	Virtual VIRTUAL	V	See More ⌄	cancelled	Join Class
9:30am-10:15am	**Barre Blend** Mind/Body	Tatyana S.	Studio C Studio C	IN	See Less ⌃	9 of 13 open	**Sign Up**

Discover the latest fitness trend in this mind/body fusion! Barre Blend has a foundation of ballet with a mix of dance, strength, stretching, core work, and cardiovascular conditioning that challenges and tones the entire body. This class combines strength and control to help improve body awareness, balance, and flexibility, and movement patterns.

9:45am-10:45am	**Body Balance** Mind/Body	Maureen F.	Studio A Studio A	LESMILLS BODYBALANCE	See More ⌄	19 of 22 open	**Sign Up**
9:45am-10:45am	**Body Balance - VIRTUAL** Mind/Body	Maureen F.	Virtual VIRTUAL	V	See More ⌄	99 of 99 open	**Sign Up**

City of Eden Prairie

My Reservations

📍 **Location** [Select Location ▾]

① ➡ **Category** [Select Categories ▾] **Studio** [Select Studios ▾] **Class Name** [Select Classes | 3 ▾] **Instructor** [Select Instructors ▾]

① ⬇ (arrow pointing to Class Name dropdown)

- ☐ Select All Classes
- ☑ Aqua Extreme
- ☐ Aqua Extreme (deep end)
- ☑ Aqua Flow
- ☑ Aqua Motion
- ☐ Aqua Motion (deep end)
- ☐ Arthritis/MS Aquatics
- ☐ Barre Blend
- ☐ Barre Blend - VIRTUAL

August

	Tue 9	Wed 10	Thu 11	Fri 12		Mon 15

Tuesday, August 9

7:30am-8:15am	**Aqua Flow** Mind/Body	Denise B. `sub`	Recreation Pool Recreation Pool	🕉	See More ⌄	
6:15pm-7:15pm	**Aqua Extreme** Cardio	Laura C.	Dive Pool Dive Pool	↻	See More ⌄	12 of 24 open	**Sign Up**

Wednesday, August 10

8:00am-9:00am	**Aqua Extreme** Cardio	Sarah B.	Dive Pool Dive Pool	↻	See More ⌄	1 of 24 open	**Sign Up**

Thursday, August 11

7:30am-8:15am	**Aqua Flow** Mind/Body	Denise B.	Recreation Pool Recreation Pool	🕉	See More ⌄	7 of 18 open	**Sign Up**
6:15pm-7:15pm	**Aqua Extreme** Cardio/Strength Combo	Laura C. `sub`	Dive Pool Dive Pool	↻	See More ⌄	18 of 24 open	**Sign Up**

Friday, August 12

8:00am-9:00am	**Aqua Motion** Cardio	Debi M.	Dive Pool Dive Pool	↻	See More ⌄	0 of 8 open	**Join Waitlist**

August

	Tue 9	Wed 10	Thu 11	Fri 12	**Sat 13**	Sun 14	Mon 15	

Saturday, August 13

| 8:00am-9:00am | **Aqua Motion** Cardio | Kari B. | Dive Pool Dive Pool | | See More ⌄ | 12 of 24 open | **Sign Up** | ③ |

Saturday, August 13

| 8:00am-9:00am | **Aqua Motion** Cardio | Kari B. | Dive Pool Dive Pool | | See More ⌄ | | Signed Up |

August

	Tue 9	Wed 10	Thu 11	Fri 12	**Sat 13**	Sun 14	Mon 15	

Saturday, August 13

| 8:30am-9:30am | **BodyPump** Strength | Laura C. | Studio A Studio A | LESMILLS BODYPUMP | See More ⌄ | 1 of 8 open | **Join Waitlist** |

Saturday, August 13

| 8:30am-9:30am | **BodyPump** Strength | Laura C. | Studio A Studio A | LESMILLS BODYPUMP | See More ⌄ | | Waitlisted |

City of Eden Prairie

📍 **Location** Select Location ⬍

(①) My Reservations ④

Category Select Categories ⬍ Studio Select Studios ⬍ Class Name Select Classes ⬍ Instructor Select Instructors ⬍

To easily view all the classes you are signed up for, click the "My Reservations" button.

Hi, Megan! Log out

📅 View Full Schedule

📍 **City of Eden Prairie**

My Reservations   My Profile

Print Reservations

Saturday, August 13

| 8:00am-9:00am | **Aqua Motion** | Kari B. | Dive Pool Dive Pool | ✅ 1 reserved | See More ⌄ | ○○○ |

| 8:30am-9:30am | **BodyPump** | Laura C. | Studio A Studio A | 🕐 waitlisted #2 | See More ⌄ | ○○○ |

Sunday, August 14

| 8:00am-9:00am | **Cycle Fusion** | Chris P. | Studio C Studio C | ✅ 1 reserved | See More ⌄ | ○○○ |

Add to calendar
Edit participants
Cancel reservation

Monday, August 15

| 9:30am-10:30am | **Mix It Up** | Brenna P. sub | Studio A Studio A | ✅ 1 reserved | See More ⌄ | ○○○ |

On the "My Reservations" page, you will see all the classes you have registered for and all the waitlists you have joined, listed by date.

To see additional options for each class, click the ○○○ button. This will give you the option to add the class to your calendar, cancel your reservation or leave the waitlist.

To return to the full schedule, click the "View Full Schedule" button.

Welcome to the new and improved
group fitness schedule!

www.edenprairie.org/fitnessschedule

Check out its features:

① Swipe left to reserve classes in future weeks. Select filters to view specific classes. You can select multiple filters. You can select multiple selections within each filter.

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④ To see all the classes you have registered for and the waitlists you've joined, click the ⟨Ⓠ⟩ button. This is also where you can add the class to your calendar, cancel your reservation or leave the waitlist (see page 7).
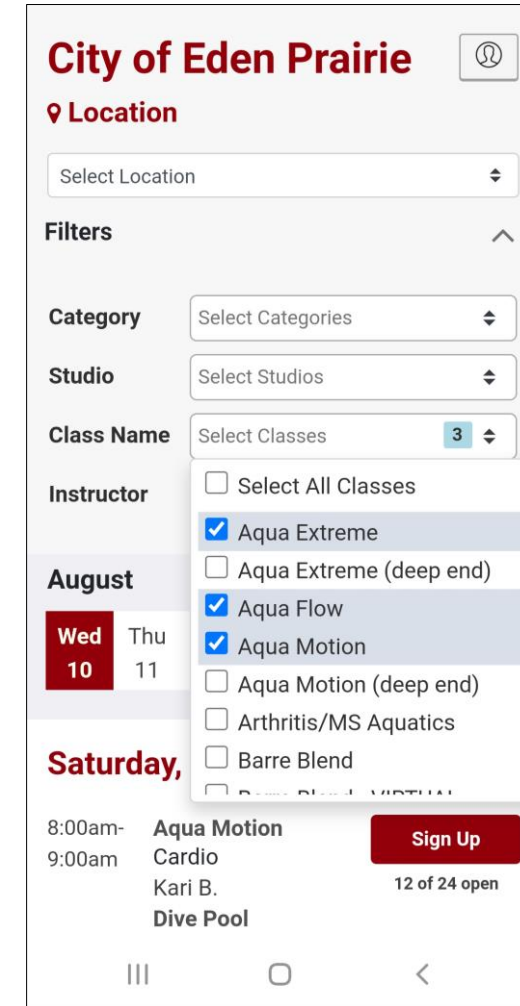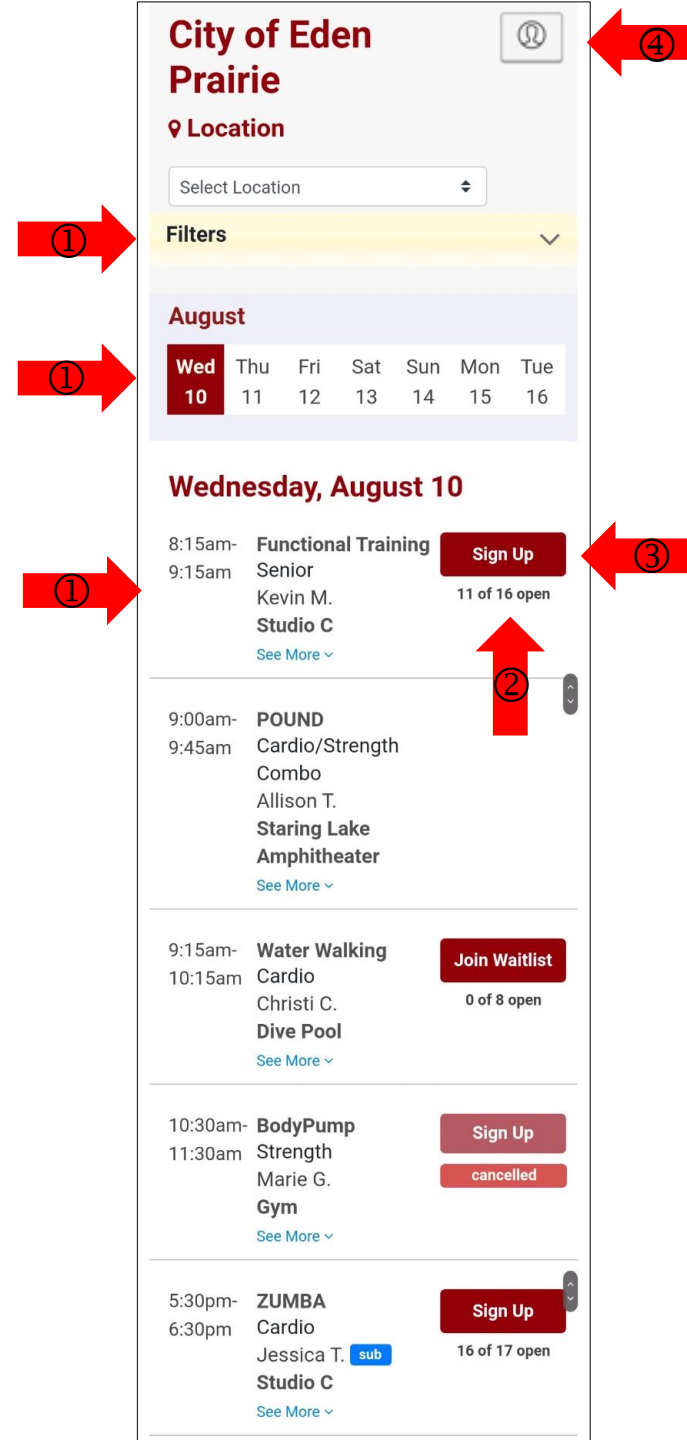
Screen 1

12:44

City of Eden Prairie

♀ Location

Select Location

Filters

August

| Wed 10 | Thu 11 | Fri 12 | **Sat 13** | Sun 14 | Mon 15 | Tue 16 |

Saturday, August 13

8:00am-9:00am **Aqua Motion** Cardio Kari B. **Dive Pool**

See More ∨

Sign Up

12 of 24 open

③

Screen 2

1:03

www.groupexpro.com

City of Eden Prairie

♀ Location

Select Location

Filters

August

| Wed 10 | Thu 11 | Fri 12 | **Sat 13** | Sun 14 | Mon 15 | Tue 16 |

Saturday, August 13

8:00am-9:00am **Aqua Motion** Cardio Kari B. **Dive Pool**

See More ∨

Signed Up

Screen 3

12:46

www.groupexpro.com

City of Eden Prairie

♀ Location

Select Location

Filters

August

| Wed 10 | Thu 11 | Fri 12 | **Sat 13** | Sun 14 | Mon 15 | Tue 16 |

Saturday, August 13

8:30am-9:30am **BodyPump** Strength Laura C. **Studio A**

See More ∨

Join Waitlist

1 of 8 open

Screen 4

1:04

City of Eden Prairie

♀ Location

Select Location

Filters

August

| Wed 10 | Thu 11 | Fri 12 | **Sat 13** | Sun 14 | Mon 15 | Tue 16 |

Saturday, August 13

8:30am-9:30am **BodyPump** Strength Laura C. **Studio A**

See More ∨

Waitlisted

City of Eden Prairie

⊙ Location

Select Location ▲▼

Filters ⌄

August

Wed 10	Thu 11	Fri 12	**Sat 13**	Sun 14	Mon 15	Tue 16

Saturday, August 13

8:00am-9:00am | **Aqua Motion** Cardio Kari B. **Dive Pool** | **Sign Up** 12 of 24 open

See More ⌄

④
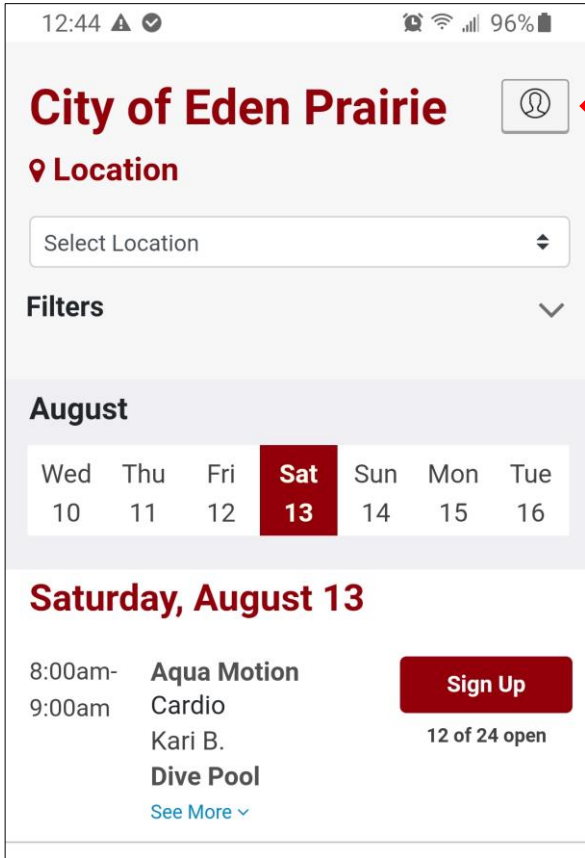
⑧ To easily view all the classes you are signed up for, tap the ⊙ button.
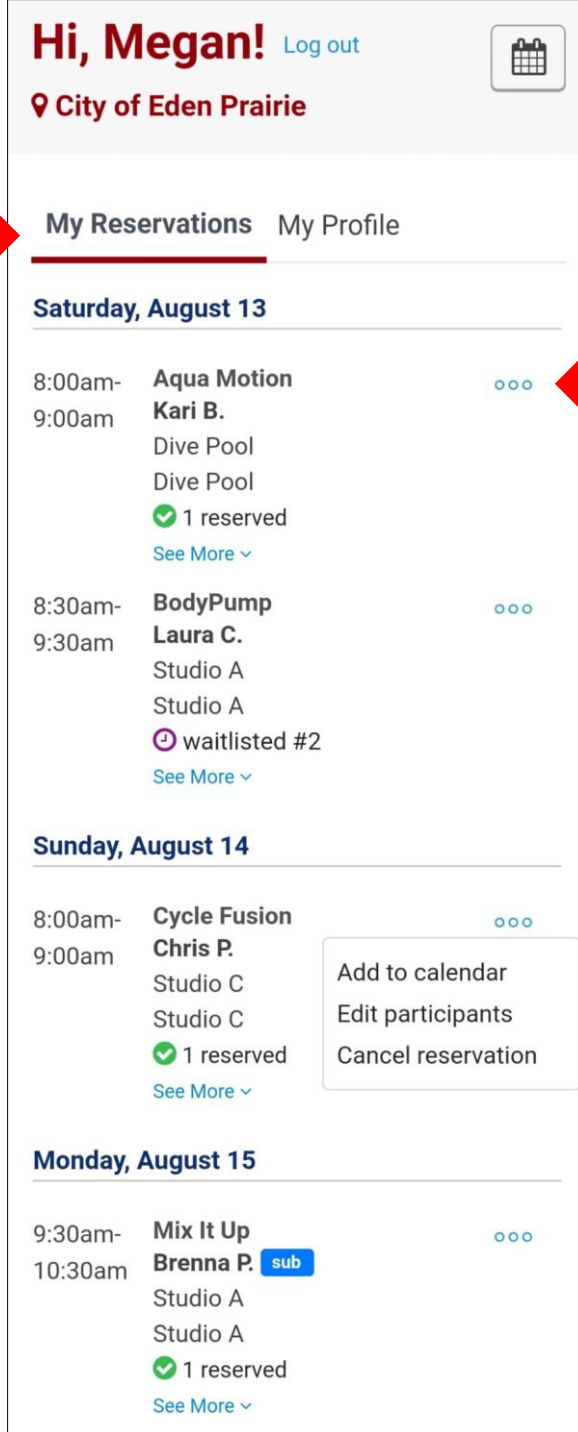
Hi, Megan! Log out 🗓

⊙ City of Eden Prairie

My Reservations   My Profile

Saturday, August 13

8:00am-9:00am | **Aqua Motion** **Kari B.** Dive Pool Dive Pool ✅ 1 reserved | ○○○

See More ⌄

8:30am-9:30am | **BodyPump** **Laura C.** Studio A Studio A ⏱ waitlisted #2 | ○○○

See More ⌄

Sunday, August 14

8:00am-9:00am | **Cycle Fusion** **Chris P.** Studio C Studio C ✅ 1 reserved | ○○○

See More ⌄

Add to calendar
Edit participants
Cancel reservation

Monday, August 15

9:30am-10:30am | **Mix It Up** **Brenna P.** sub Studio A Studio A ✅ 1 reserved | ○○○

See More ⌄

On the "My Reservations" page, you will see all the classes you have registered for and all the waitlists you have joined, listed by date.

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To return to the full schedule, tap the calendar button.