



EDEN PRAIRIE
SENIOR CENTER

CELEBRATING VITALITY IN THE *Community*

NEWS



- INSIDE:**
- General Information
 - Weekly/Monthly Activities
 - Health, Wellness and Fitness
 - Class and Programs
 - Event Calendars
 - Special Events
 - Senior Spotlight
 - Trips
 - Red Hat Events
 - Advisory Council Voting

WINTER 2017

NEWS

A quarterly publication that provides up-to-date information on programs and services and connects people to people.

Senior Center Mission

The mission of the Eden Prairie Senior Center is to *provide* for social, recreational, educational, psychological and physical needs; to *enhance* the visibility of older adults; and to *promote* participation in all aspects of community life.

Building Information

Hours:

Monday–Friday

8:30 a.m.–4 p.m.

Evening and weekend hours based on programs and rentals.

Phone:

952-279-8050

Staff

Sue Bohnsack

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 Recreation Supervisor
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Doug Tucker

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Cover: Model Delores Fletcher from the fall fashion show.

SUE AND DOUG'S CORNER

Winter is almost here! Whether you enjoy the snow or not, don't let it keep you from being involved at the Senior Center. We offer transportation to drive you to and from our special events and daily afternoon programs. Take advantage of this safe, convenient option and pass the word to your friends!

Make sure to VOTE for the 2017 Advisory Council on the back page of this newsletter. Thanks to the current Senior Advisory Council members (pictured on page 18).



Doug Tucker and Sue Bohnsack

GENERAL INFORMATION

SENIOR TRANSPORTATION PROGRAM

The Senior Center provides rides to scheduled events for residents unable to drive themselves. Call three business days before the event to reserve a ride. All rides depend on availability. Staff will contact riders on or before the scheduled day with exact pickup time. We ask for a \$4 contribution per round trip, or you can make a monthly or annual contribution for ongoing ridership. Individual private transportation assistance is not available.

ROOM RENTALS

Host your business meetings, parties and group outings at the Senior Center! We offer classrooms or the Community Room, where you can bring your own food and include up to 90 people. Visit **edenprairie.org/seniorcenter** for details and photos.

Call **952-279-8050** to book your private room rental today.

CANCELTION AND REFUND POLICIES

Cancellations

The Senior Center reserves the right to cancel, postpone or combine programs; and change instructors. Classes with insufficient enrollment will be canceled and payment will be refunded or credited to your account. Participants will be notified of program cancellations prior to the start of the program.

Refunds

A full refund for a program will be given if you cancel before the registration deadline. Refunds will be issued by check (mailed within 15 business days), account credit or as a refund to your credit card. Refunds of \$10 or less will be credited to your account. Refunds requested after the registration deadline vary by program and, if approved by the Senior Center recreation supervisor, are subject to a \$5 processing fee. No refunds will be issued after the start of a program without approval.

Call **952-279-8050** or stop by the Senior Center to withdraw from a trip or program.

3 EASY WAYS TO REGISTER



1. Walk in



2. Mail



3. Online at edenprairie.org/register

Make checks payable to Eden Prairie Senior Center.

CENTER NOTES

Meals on Wheels

Get nutritionally-balanced, tasty meals delivered weekdays over the noon hour. Deliveries may be long- or short-term. No limitations apply. Cost is \$4.50 per meal or less if you qualify for a Hennepin County waiver. Call 952-835-1665, email blepmn@gmail.com or visit bloomepmeals.com for more information.

Passport to Fun

This program enables people to participate in Parks and Recreation programs who may otherwise be unable due to financial constraints. Apply at the Senior Center or Community Center.

Senior Outreach and Caregiver Services

Are you a caregiver for a loved one? Let Senior Community Services help! A program of Senior Community Services, Senior Outreach and Caregiver Services provides support to friends, spouses and other family members who help an older adult remain at home. Its staff connects caregivers with needed services and resources for their loved one, and directly supports them as well. Licensed social workers provide caregivers with consultation, caregiver support groups, family meeting facilitation and coaching. To support computer-savvy caregivers, the program also offers an online care team tool, CareNexion, to enlist family and friends in sharing the care. For more information or to request service, call 612-770-7005.

H.O.M.E.

Household and Outside Maintenance for Elderly (H.O.M.E.) is a service offered to those who need help with yard work, painting or household chores. Call H.O.M.E. at 952-888-5530 for more information or to set up an appointment.

The Center is Closed:

Thursday and Friday, Nov. 24, 25 - Thanksgiving
Friday and Monday, Dec. 23, 26 - Christmas
Monday, Jan. 1 - New Year's Day
Monday, Jan. 16 - Martin Luther King, Jr. Day
Monday, Feb. 20 - Presidents Day

Medication Disposal Program

Did you know that the Eden Prairie Police Department offers free medication disposal bags? These bags allow you to safely destroy unwanted medications and discard them in your garbage. You can pick up the bags at the Senior Center. Visit edenprairie.org/medicationdisposal for more information.

Senior Outreach Social Worker

Lee Ann Eiden is available to talk about services you may need such as transportation, personal or medical care, home maintenance, finances and more. Call 952-934-3370 to schedule an appointment.



Lee Ann Eiden, MSW

Free Safety Check for Seniors

No-cost Home Safety Check for senior citizens is offered by the Household and Outside Maintenance for Elderly (H.O.M.E.) program of Senior Community Services. They will check your need for handrails, grab-bars, smoke detectors, lighting and other home safety components. People ages 60-plus residing in suburban Hennepin County and Minneapolis are eligible for this limited time offer. No sales. For more information contact 952-746-4046 or email home@seniorcommunity.org for more details.

Senior Community Services is a nonprofit organization with five programs serving elders and caregivers statewide. For more information please visit seniorcommunity.org or call 952-541-1019. Seniors outside of Hennepin County should contact the Senior Linkage Line at 1-800-333-2433 for information about home safety checks in their area.

WEEKLY ACTIVITIES

MONDAYS

SENIOR SINGLES COFFEE KLATCH

8:45-10:30 a.m.

Enjoy a cup of coffee at the Senior Center, meet new friends and discuss hot topics.

SHOPPING IN EDEN PRAIRIE

9:30 a.m.-noon

Get a ride on the Senior Center bus from home when you call the Senior Center by Wednesday of the previous week to schedule your trip. One destination per person please. A donation of \$2 each way or \$4 round trip is suggested. Call the Senior Center to sign up.

CURRENT EVENTS DISCUSSION GROUP

10-11:30 a.m.

Share and discuss a wide range of topics on current events with others. Pick a topic that caught your interest and share it with the group or just listen.

DUPLICATE BRIDGE

Noon-3:30 p.m.

Meet new friends and exercise your intellect when you join others for a friendly game of duplicate bridge. Fourteen table maximum. Call John at 952-937-2150 for more information.

CRAFTING

1-3 p.m.

Bring your own project to work on and socialize with friends and neighbors. All levels of crafters are welcome.

TUESDAYS

GREETING CARDS

9-11 a.m.

Help brighten someone's day when you create greeting cards for the Senior Center's recycled card program. Each card is sold for 50 cents; all proceeds help support programs and services at the center. Check out the display board in Room 200 for examples.

QUILTING GROUP

9-11 a.m.

Put your creative skills to use and work with others to help sew a quilt or bring your own project. The finished quilt is raffled in May during Senior Awareness Month.

BREAD DAY

9:30 a.m.-4 p.m.

Bread and other baked goods are available for a suggested donation of \$1 per item. Please limit your quantities so all can participate. Items available as supplies last. All donations support the Senior Center. *Also occurs on Fridays.*



PARTY BRIDGE

12:30-3:30 p.m.

Meet new friends when you join others for a friendly game of bridge. Arrive a few minutes early. Call Mary at 952-445-0978 for more information

MAHJONGG

12:30-3 p.m.

Played with a set of 152 tiles based on Chinese characters and symbols, Mahjongg is commonly played by four players (with some three-player variations). Similar to rummy, it is a game of skill, strategy and calculation that involves a certain degree of chance. *Also occurs on Thursdays.*

CRIBBAGE

1-3:30 p.m.

Join us for a fun game and spend time with friends. All levels of players are welcome. *Also occurs on Thursdays.*

WEEKLY ACTIVITIES

WEDNESDAYS

500 CARD GAME

1-3:30 p.m.

Try your hand at a friendly game of 500. All levels of players are welcome. No need to register.

WALKING CLUB

5:30-6:30 p.m.

Join fellow walkers for a brisk walk in the Eden Prairie mall. Meet outside the Sears lower level entrance to walk with the group. Call the Senior Center at **952-279-8050** if you have questions.

THURSDAYS

MAHJONGG

10:30 a.m.-noon

See Tuesday's description for details.

HAND AND FOOT/ CANASTA CARD GAME

12:30-3:30 P.M.

Enjoy an afternoon of cards with friends. No experience necessary.

CRIBBAGE

1-3:30 p.m.

See Tuesday's description for details.

FRIDAYS

MEN'S COFFEE GROUP (WOODCHUCKS)

9:30-11 a.m.

Enjoy conversation with gentlemen of all ages, backgrounds and experiences. Swap interesting stories, anecdotes and memories to relate. Call Don at 952-334-2943 for more information.

BREAD DAY

9:30 a.m.-4 p.m.

See Tuesday's description for details.

PARTNER BRIDGE

Noon-3:30 p.m.

Practice your bridge and improve your partnership. Deal and play like party bridge, but play the whole session with the same partner. Bring your regular partner or find one when you arrive. Call Lorraine at 952-941-2060 for more information.

PINOCHLE

12:30-3:30 p.m.

Challenge your mind at a game of pinochle. Call the Senior Center if interested in playing. Volunteers are available to teach new players.

COMMUNITY WOODSHOP

Monday-Friday

8:30 a.m.-4 p.m.

Wednesday Evenings

5:30-8:30 p.m.

(Please call by 4 p.m. Monday to confirm availability.)

This fully-equipped community resource is available to anyone to use during regular business hours (and some evenings). All participants must take a two-hour safety course before using the equipment in the shop. Another person must be present to use the shop during equipment use. Pay \$45 for the required safety course and \$25 per quarter or \$5 per visit. We accept donations of shop tools and equipment. Most regular shop equipment is available.



Senior Center Community Woodshop

MONTHLY ACTIVITIES

WEDNESDAY BOOK CLUB

10-11:30 a.m.

Contact Sue Stewart at 952-944-8259 for more information.

Dec. 14

"The Boys in the Boat"
Daniel James Brown

Jan. 11

"The Lifeboat"
Charlotte Rogan

Feb. 8

"Bastards"
Mary Anna King

THURSDAY BOOK CLUB

10-11:30 a.m.

Contact Richard Hanson at 952-941-0153 for more information.

Dec. 15

"1944"
Jay Winik

Jan. 19

"The Life We Bury"
Allen Eskens

Feb. 16

"The Underground Railroad"
Colson Whitehead



HAPPY FEET FOOTCARE

By appointment

Happy Feet Footcare Inc. provides an assessment of foot conditions, foot soak, basic nail care, foot massage and information on self-care and prevention. Call 763-560-5136 to schedule an appointment time. Cost is \$38.

Dec. 5, 19; Jan. 4, 18; Feb. 6, 22

COMPUTER CRACKER BARREL

First Thursday

9:30-11 a.m.

Eden Prairie Library

565 Prairie Center Drive

Learn basic Internet navigation and email use at this walk-in class! Knowledgeable staff is available to answer questions. Call the library at 612-543-6275 for directions.

Dec. 1, Jan. 5, Feb. 2

HEALTH INSURANCE HELP

Third Thursday

Noon-3 p.m.

Trained volunteers are available to answer questions about Medicare and health insurance forms, as well as counsel individuals in selections of supplemental health insurance. Please call the Senior Center to make your one-hour appointment.

Dec. 15, Jan. 19, Feb. 16

BUNCO

Third Friday

1 p.m.

Join this group and try your luck at a dice game with little-to-no rules. No experience necessary.

Dec. 16, Jan. 20, Feb. 17

LUNCH BUNCH

Wednesdays or as scheduled
11:30 a.m.

Tavern 4 & 5

16396 Wagner Way

Join us at Tavern 4 & 5 for a fun lunch outing with others! Bring a friend or meet new ones. A representative will meet you at the door and escort you to the group. Participants are responsible for their own lunch cost and transportation.

Dec. 28, Jan. 25, Feb. 22

DID YOU KNOW?

The Senior Center is now a partner with Meals on Wheels. We provide space for the volunteers to gather and store their meal bags. When in need, check it out!

HEALTH, WELLNESS AND FITNESS

SILVER SNEAKERS® CLASSIC

Beginner to Intermediate Fitness Level

Move through a variety of exercises designed to increase muscular strength, range of movement and skills required during activities for daily living. Handheld weights, elastic bands and balls are used for resistance. Some exercises are performed in a seated position and some are standing, using a chair for balance.

Day Time

T,Th 8:30–9:15 a.m. No registration required

Location: Senior Center

Cost: Community Center Members Free,

Non-members \$7 per class at the door

SILVER SNEAKERS® YOGA

Beginner to Intermediate Fitness Level

Silver Sneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

Day Time

Th 10:45–11:30 a.m. No registration required

Location: Senior Center Community Room

Cost: Community Center Members Free,

Non-members \$7 per class at the door

ZUMBA GOLD

This exhilarating exercise is a Latin-inspired dance-fitness program that blends a variety of upbeat music and contagious steps to form a “fitness party” that is downright addictive. Join us and get fit!

Day Time

T,Th 9:30–10:30 a.m. No registration required

Location: Senior Center

Cost: Community Center Members Free,

Non-members \$7 per class at the door

TAI CHI

Tai Chi is a gentle exercise that improves balance, increases heart and lung activity and is beneficial for relaxation and managing stress. The slow, flowing movements strengthen the lower body, increase coordination and are fun to do.

Day Time

T 10:30–11:30 a.m. No registration required

Location: Senior Center

Cost: \$82 for 10-session Punch Card

OLD SPOKES BIKING CLUB

April–September

Tuesdays

9:30 a.m.

If you ride approximately 10 miles per hour and like to ride 20-30 miles roundtrip, this is the group for you. Ride a different route each week. Please wear a helmet and bring a water bottle. The group will stop for a lunch/rest break during each trip. Call Duane or Diana at 952-448-1608 for more information and trip destination details. *Not all rides leave from the Senior Center.*

OLD SPOKES SHORT RIDE BIKING CLUB

Enjoy a ride that’s less than 12 miles roundtrip with a pace of 8-10 miles per hour. No lunch stop included. For questions or weather cancellations, call the Senior Center at **952-279-8050**. Please note that not all rides start from the Senior Center. Please wear a helmet and bring a water bottle.

We’re looking for a leader for the 2017 biking season! Call the Senior Center at 952-279-8050 to volunteer.

WALKING CLUB

Wednesdays

5:30–6:30 p.m. (Indoors Oct.–April)

Meet at Sear’s lower level inside Eden Prairie Center. Enjoy a meal in the food court after each walk. Call the Senior Center for more information.

DID YOU KNOW?

In 2016, the Senior Center Old Spokes Biking Club enjoyed 27 rides with an average of 21 riders completing 739 miles!

HEALTH, WELLNESS AND FITNESS

INDOOR PICKLEBALL

September–May

Similar to the game of tennis, pickleball is played on a condensed ‘tennis’ court with a few varied rules. During these drop-in times, nets and equipment are available; you can also bring your own equipment. Wear comfortable clothing and white-soled tennis shoes. All ages are welcome. No registration required.

Location: Community Center Gym

Cost: Community Center Members Free,

Non-members \$6 per visit

Gym schedule varies. View the online calendar at edenprairie.org/pickleball



CLASSES

4-HOUR DEFENSIVE DRIVER SAFETY COURSE REFRESHER

If you have taken a state-approved 8-hour Driver Safety course, you can now renew through this 4-hour refresher course. Please bring your driver’s license and a pen. Advanced registration required. For an AARP discount, participants must bring their AARP card to class. Please select your price at the time of registration and bring proof of membership to class, if applicable.

Day	Date	Time	Code
M	Dec. 5	9 a.m.–1 p.m.	179202-13
W	Dec. 7	5:30–9:30 p.m.	179202-14
W	Jan. 4	Noon–4 p.m.	179202-01
W	Jan. 18	5:30–9:30 p.m.	179202-15
F	Feb. 3	9 a.m.–1 p.m.	179202-16
W	Feb. 8	5:30–9:30 p.m.	179202-17
F	Mar. 10	Noon–4 p.m.	279202-01
W	Mar. 15	5:30–9:30 p.m.	279202-02
W	Apr. 5	9 a.m.–1 p.m.	279202-03
W	Apr. 26	5:30–9:30 p.m.	279202-04

Location: Senior Center Room 201

Cost: \$20 AARP Member, \$25 Non-Member

8-HOUR DEFENSIVE DRIVER SAFETY COURSE

This program is designed to refine existing skills and develop safe, defensive driving techniques. If you are 55 years or older, completion of this course qualifies you for a 10-percent discount on your automobile insurance premium. Bring your driver’s license, a pen and your AARP card for an AARP discount. Please select your price at the time of registration and bring proof of membership to class, if applicable.

Day	Date	Time	Code
T,W	Dec. 13,14	5:30–9:30 p.m.	179201-07
T,W	Feb. 21,22	5:30–9:30 p.m.	179201-01
T,W	Apr. 18,19	5:30–9:30 p.m.	279201-05

Location: Senior Center Room 201

Cost: \$20 AARP Member, \$25 Non-Member

CLASSES

LEARN TO PLAY OLD-TIME FIDDLE

Learn basic techniques and how to play by ear. Cost of the book and CD (\$5) for new students is payable to the instructor. Fiddle rentals are available for \$25 for two months, also payable to the instructor. Please indicate at the time of registration if you need to rent a fiddle. Instructor is Phil Schaffer. No class Dec. 26, Jan. 2 or Jan. 16. The registration deadline is Nov. 28.

Day	Date	Time	Cost	Code
M	Dec. 5–Feb. 13	10–11 a.m.	\$49	171101-02

Location: Senior Center

COFFEE WITH THE COPS

Have coffee with Eden Prairie Police Officer and Senior Liaison Elizabeth Stroner. Bring your police-related questions and concerns for discussion. This is a great opportunity to learn more about your police department or law enforcement topics. Register two days prior to class.



On Dec. 14, meet the Eden Prairie Police Department's evidence technician, Kyle Duchscher. Kyle spent 31 years with the police department as a sworn officer, corporal, sergeant, investigations detective and member of the Crime Technician and Crisis Negotiations Units. After retiring from sworn duties, he returned as a civilian employee in charge of the evidence room. Come learn everything you've always wanted to know about police evidence!

On Feb. 22, AAA will present "Keeping the Keys", a free workshop that offers tips for safe driving as we age. Family members are welcome! Please register two days before class date.

Topic: Police evidence

Day	Date	Time	Cost	Code
W	Dec. 14	9:30–11 a.m.	Free	179203-03

Topic: Safe driving

Day	Date	Time	Cost	Code
W	Feb. 22	9:30–11 a.m.	Free	179203-01

Location: Senior Center

CREATIVE HEALTHY LIVING IN COLOR

Let your inner child return to play! Charlene Austin will start this session with simple physical movement and enhanced focus to introduce the new trend of Adult Coloring, a simple joy of creative expression while promoting relaxation of mind and body with basic repetitive motion. Let go of stress and explore your own style. Colored pencils and crayons are commonly used. Materials will be provided or bring your own. Adult coloring books can be found at many locations, even the drug store. Register one week prior to each class start date.

Day	Date	Time	Cost	Code
F	Dec. 16	1–2:30 p.m.	\$3	176201-01
F	Jan. 20	1–2:30 p.m.	\$3	176201-02
F	Feb. 17	1–2:30 p.m.	\$3	176201-03

Location: Senior Center Room 201

LEARN TO PLAY MAHJONGG

Mahjongg is a game for four players that uses 152 tiles based on Chinese characters and symbols. The aim is to be the first player to get a complete hand. Learn the rules and strategies to the game. Each participant has the option to purchase the official National Mahjongg League card for \$9 from the instructor, Judy Truce. This is an eight-week class. Register one week before class start date.

Day	Date	Time	Cost	Code
Th	Dec. 22–Feb. 9	1–2:30 p.m.	\$48	171206-02

Location: Senior Center



CLASSES

WHAT YOU NEED TO KNOW NOW: FALL PREVENTION AND LONG-TERM CARE BENEFITS

Learn more about taking care of yourself physically and financially by attending this two-topic session.

Falls can be life changing – but you can reduce the risk of falling while continuing to enjoy life. Joel from Care Builders at Home will discuss some “dos and don’ts” to reduce your risk of falling while maintaining an active lifestyle as you age.

For many, traditional long-term care insurance is not an option: individuals don’t qualify, consider it cost prohibitive or simply don’t like the “use it or lose it” solution. Shirley from Ace Tax and Financial will discuss the Pension Protection Act that has opened up many alternative options. Learn more about using tax-free dollars to pay for long-term care, as well as government and veteran benefits that may be available to you. Discuss how to transfer an asset to provide tax-free long-term care benefits. If you don’t use, you won’t lose!

Enjoy a boxed lunch from Crumb Deli with your choice of Monterey Turkey, Cha Cha Chicken Salad sandwich or Garden Salad. Please indicate your meal choice at registration. The registration deadline is Jan. 6.

Day	Date	Time	Cost	Code
F	Jan. 13	10:30–noon	\$5	179210-01

Location: Senior Center Room 201

FIRESIDE CHAT WITH THE FIRE DEPARTMENT

NEW! Feel the heat – of the coffee that is – with Eden Prairie’s firefighters! Hear what happens behind-the-scenes at the fire department and learn how our firefighting team minimizes risk and increases safety in our community. Please register two days before class date.



Topic: Department introduction

Day	Date	Time	Cost	Code
W	Jan. 18	9:30–11 a.m.	Free	179209-01

Topic: Fire safety in the home

Day	Date	Time	Cost	Code
W	Mar. 15	9:30–11 a.m.	Free	279209-01

Location: Senior Center

BEGINNING BRIDGE: BOOK ONE BIDDING CLASS

Meet new people, have a good time AND learn to play the most stimulating card game ever! This course covers the current approach to basic bidding and play using a combination of class time and actual play. It is designed for those who have never played or who have not played in a while. Our instructor is Silver Life Master and ACBL-Certified Mignon Nearmyer. You can purchase a book for the course at class from the instructor for \$20 (cash only please). No class Feb. 20 or March 13. The registration deadline is Jan. 16.

Day	Date	Time	Cost	Code
M	Jan. 23–Mar. 27	9–11 a.m.	\$64	171207-01

Location: Senior Center Room 201

BRIDGE: BOOK TWO “PLAY OF THE HAND”

This class addresses declarer play by showing the student how to think about possible problems with a contract then giving methods to solve those problems. The class will consist of class discussion, playing of hands and review of Book 1. The instructor is Mignon Nearmyer. No class March 17. The registration deadline is Jan. 20.

Day	Date	Time	Cost	Code
F	Jan. 27–Mar. 24	9–11 a.m.	\$64	171204-01

Location: Senior Center Room 203

INDOOR GOLF LEAGUE AT INSIDE EDGE

Join other golf enthusiasts for league play on state-of-the-art golf simulators. Take a swing at some of the most historic and beautiful courses in the world. League play is five weeks with the first week being practice to learn the equipment. All skill levels are welcome. Play nine holes per week. The registration deadline is Jan. 30.

Day	Date	Time	Cost	Code
M	Feb. 13–March 13	9:30–11 a.m.	\$65	173201-02

Location: Inside Edge Golf

COMMUNITY CENTER

FREE GUIDED TOURS FOR SENIORS

Join Senior Fitness Liaison Charlene Austin in exploring the Community Center. Learn about Silver Sneakers® classes and visit the studios where they're held. Walk through the locker rooms that provide easy access to the beautiful warm-water pools.

Sign up at the Senior Center, Community Center or online at edenprairie.org/register.

Day	Date	Time	Cost	Code
W	Dec. 14	1:30–2:30 p.m.	Free	1373302-1
W	Jan. 11	1:30–2:30 p.m.	Free	1373302-2
W	Feb. 15	1:30–2:30 p.m.	Free	1373302-03

Location: Community Center Lobby



For more information visit edenprairie.org/communitycenter

Swimming • Yoga • Silver Sneakers®
Silver and Fit • Biking • Pickleball
Classes • Fun!

OUTDOOR CENTER

The Outdoor Center offers a wide range of classes, workshops, trips and activities in the fields of outdoor recreation and environmental education. All classes and trips meet onsite at the Outdoor Center unless otherwise noted.

WINTER FUN

Who says you can't have fun in the winter? Let us show you how to enjoy the cold with activities such as snowshoeing, kick sledding, building a winter fire, creating snow sculpture, exploring ice ecology and more! Dress to be outside. The instructor is Pauline Bold. The registration deadline is one week before class date. Ages 5 and up.

Day	Date	Time	Cost	Code
Su	Jan. 8	1–3 p.m.	\$7	187202-01
Su	Feb. 5	1–3 p.m.	\$7	187202-02

Location: Outdoor Center



For more information visit edenprairie.org/outdoorcenter

Nature • Geocaching • Star Watching
Kayaking • Canoe • Hikes • Trips

Be sure to check out
Nature Rocks open house
Saturdays from 9 a.m.–noon.

ART CENTER

OPEN STUDIO TIME

Interested in using the Art Center outside of class? Register for the quarterly open studio program and use the clay studio, jewelry studio or glass studio to work on your own projects without instruction. The Art Center is fully equipped with kilns, pottery wheels, jewelry benches, lamp worked glass bead kits and more! Rules and regulations apply. Open studio users must complete at least one Art Center class in the medium they wish to work in before using open studio.

\$20 per quarter, \$5 per visit, \$75 per year

WATERCOLOR COLLAGE

Create beautiful experiments in texture with watercolor then use them to create cut paper forms for a colorful collage. No watercolor experience is necessary and we'll provide the supplies. Bring your own lunch. The registration deadline is Dec. 29.

Day	Date	Time	Cost	Code
Th	Jan. 5	10 a.m.–1:30 p.m.	\$27	156298-02

Location: Senior Center Room 209



For more information visit edenprairie.org/artcenter

Painting • Clay • Fused Glass • Drawing
Sculpting • Jewelry Making • Printmaking

DECEMBER 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
8:30 a.m. Silver Sneakers
9:30 a.m. Zumba Gold
9:30 a.m. Computer Cracker Barrel
10:30 a.m. Mahjongg
10:45 a.m. Silver Sneakers Yoga
12:30 p.m. Canasta
1 p.m. Cribbage

2
9 a.m. Beginner Bridge Class
9:30 a.m. Men's Group
Noon Partner Bridge
12:30 p.m. Pinochle

5
8:45 a.m. Coffee Klatch
9 a.m. Driver Safety (4-hr.)
9:30 a.m. Golf League
9:30 a.m. Shopping in EP
10 a.m. Current Events/
 Discussion Group
10 a.m. Fiddle Class
Noon Duplicate Bridge
1 p.m. Crafting
 Happy Feet by Appointment

6
8:30 a.m. Silver Sneakers
9 a.m. Greeting Cards
9 a.m. Quilting
9:30 a.m. Zumba Gold
10:30 a.m. Tai Chi
12:30 p.m. Mahjongg
12:30 p.m. Party Bridge
1 p.m. Cribbage

7
8:45 a.m. Grand Christmas
 Trip
1 p.m. 500 Cards
5:30 p.m. Driver Safety (4-hr.)
5:30 p.m. Walking Club

8
8:30 a.m. Silver Sneakers
9:30 a.m. Zumba Gold
10:30 a.m. Mahjongg
10:45 a.m. Silver Sneakers Yoga
12:30 p.m. Canasta
1 p.m. Cribbage

9
9:30 a.m. Men's Group
9:30 a.m. Red Hat Breakfast
Noon Partner Bridge
12:30 p.m. Pinochle

12
8:45 a.m. Coffee Klatch
9:30 a.m. Shopping in EP
10 a.m. Current Events/
 Discussion Group
10 a.m. Fiddle Class
Noon Duplicate Bridge
1 p.m. Crafting

13
8:30 a.m. Silver Sneakers
9 a.m. Greeting Cards
9 a.m. Quilting
9:30 a.m. Zumba Gold
10:30 a.m. Tai Chi
Noon Red Hat Lunch Trip
12:30 p.m. Mahjongg
12:30 p.m. Party Bridge
1 p.m. Cribbage
5:30 p.m. Driver Safety (8-hr.)

14
9 a.m. Advisory Council Meeting
9:30 a.m. Coffee with the
 Cops
10 a.m. Book Club
1 p.m. 500 Cards
5:30 p.m. Driver Safety (8-hr.)
5:30 p.m. Walking Club

15
8:30 a.m. Silver Sneakers
9:30 a.m. Zumba Gold
10:30 a.m. Mahjongg
10 a.m. Book Club
10:45 a.m. Silver Sneakers Yoga
Noon Health Insurance
12:30 p.m. Canasta
1 p.m. Cribbage

16
9:30 a.m. Men's Group
Noon Partner Bridge
12:30 p.m. Pinochle
1 p.m. Bunco
1 p.m. Creative Healthy Coloring

19
8:45 a.m. Coffee Klatch
9:30 a.m. Shopping in EP
10 a.m. Current Events/
 Discussion Group
10 a.m. Fiddle Class
Noon Duplicate Bridge
1 p.m. Crafting
 Happy Feet – by Appointment

20
8:30 a.m. Silver Sneakers
9 a.m. Quilting
9 a.m. Greeting Cards
9:30 a.m. Zumba Gold
10:30 a.m. Tai Chi
12:30 p.m. Mahjongg
12:30 p.m. Party Bridge
1 p.m. Cribbage

21
11:30 a.m. Holiday Lunch
1 p.m. 500 Cards
5:30 p.m. Walking Club

22
8:30 a.m. Silver Sneakers
9:30 a.m. Zumba Gold
10:30 a.m. Mahjongg
10:45 a.m. Silver Sneakers Yoga
12:30 p.m. Canasta
1 p.m. Mahjongg Class
1 p.m. Cribbage

23
**Senior Center
 Closed**
Happy Holidays!

26
**Senior Center
 Closed**
Happy Holidays!

27
8:30 a.m. Silver Sneakers
9 a.m. Greeting Cards
9 a.m. Quilting
9:30 a.m. Zumba Gold
10:30 a.m. Tai Chi
12:30 p.m. Mahjongg
12:30 p.m. Party Bridge
1 p.m. Cribbage

28
11:30 a.m. Lunch Bunch
1 p.m. 500 Cards
5:30 p.m. Walking Club

29
8:30 a.m. Silver Sneakers
9:30 a.m. Zumba Gold
10:30 a.m. Mahjongg
10:45 a.m. Silver Sneakers Yoga
12:30 p.m. Canasta
1 p.m. Cribbage
1 p.m. Mahjongg Class

30
9:30 a.m. Men's Group
Noon Partner Bridge
12:30 p.m. Pinochle

JANUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Senior Center Closed Happy New Year!	3 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	4 Noon Driver Safety (4-hr.) 1 p.m. 500 Cards 5:30 p.m. Walking Club	5 8:30 a.m. Silver Sneakers 9:30 a.m. Computer Cracker Barrel 9:30 a.m. Zumba Gold 10 a.m. Watercolor Class 10:30 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	6 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle
9 8:45 a.m. Coffee Klatch 9:30 a.m. Shopping in EP 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting	10 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	11 9 a.m. Advisory Council meeting 10 a.m. Book Club 5:30 p.m. Walking Club	12 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10:30 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	13 9:30 a.m. Men's Group 9:30 a.m. Red Hat Breakfast 10:30 a.m. What You Need to Know Class Noon Partner Bridge 12:30 p.m. Pinochle
16 Senior Center Closed Martin Luther King, Jr. Day	17 8:30 a.m. Silver Sneakers 9 a.m. Quilting 9 a.m. Greeting Cards 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	18 9:30 a.m. Fire Side Chat 1 p.m. 500 Cards 5:30 p.m. Walking Club 5:30 p.m. Driver Safety (4-hr.) Happy Feet – by appointment	19 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Book Club 10 a.m. Red Hat Science Museum 10:30 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga Noon Health Insurance 12:30 p.m. Canasta 1 p.m. Cribbage	20 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle 1 p.m. Bunco 1 p.m. Creative Healthy Coloring
23 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9:30 a.m. Shopping in EP 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting	24 8:30 a.m. Silver Sneakers 9 a.m. Quilting 9 a.m. Greeting Cards 9:30 a.m. Zumba Gold 10 a.m. City Tour Trip 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	25 11:30 a.m. Lunch Bunch 1 p.m. 500 Cards 5:30 p.m. Walking Club	26 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	27 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group 10:30 a.m. Live Well Birthday Event Noon Partner Bridge 12:30 p.m. Pinochle
30 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9:30 a.m. Shopping in EP 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting	31 8:30 a.m. Silver Sneakers 8:45 a.m. St. Paul Hotel Trip 9 a.m. Quilting 9 a.m. Greeting Cards 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage			

FEBRUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 1 p.m. 500 Cards 5:30 p.m. Walking Club	2 8:30 a.m. Silver Sneakers 9:30 a.m. Computer Cracker Barrel 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	3 9 a.m. Beginning Bridge Class 9 a.m. Driver Safety (4-hr.) 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle
6 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9:30 a.m. Shopping in EP 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting Happy Feet – By Appointment	7 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	8 9 a.m. Advisory Council Mtg. 10 a.m. Book Club 1 p.m. 500 Cards 5:30 p.m. Walking Club 5:30 p.m. Driver Safety (4-hr.)	9 8:30 a.m. Silver Sneakers 9 a.m. Red Hat History Theatre Trip 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	10 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle
13 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9:30 a.m. Shopping in EP 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group Noon Duplicate Bridge 1 p.m. Crafting	14 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	15 9 a.m. Valentine's Breakfast 1 p.m. 500 Cards 5:30 p.m. Walking Club	16 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10 a.m. Book Club 10:45 a.m. Silver Sneakers Yoga Noon Health Insurance 12:30 p.m. Canasta 1 p.m. Cribbage	17 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle 1 p.m. Bunco 1 p.m. Creative Healthy Coloring
20 Senior Center Closed Happy Presidents Day	21 8:30 a.m. Silver Sneakers 9 a.m. Mobsters Trip 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 5:30 p.m. Driver Safety (8-hr.)	22 9 a.m. Coffee with the Cops 11:30 a.m. Lunch Bunch 1 p.m. 500 Cards 5:30 p.m. Driver Safety (8-hr.) 5:30 p.m. Walking Club Happy Feet – by appointment	23 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage	24 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle
27 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9:30 a.m. Shopping in EP 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group Noon Duplicate Bridge 1 p.m. Crafting	28 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage			

SPECIAL EVENTS

LIVE WELL BIRTHDAY PARTY

Come to the Senior Center and celebrate Living Well. Once a quarter, we will gather to recognize everyone who has a birthday in the past three months. Join the discussion of health-related topics, hear stories and celebrate the lives of our friends and neighbors. Each birthday celebration will feature a guest speaker on a topic related to healthy living and vital aging here in Eden Prairie. Please register two days before class date so we can plan for supplies and room set-up.

On Jan. 27, we'll attend Heart Failure 101 to learn how to identify signs and symptoms of heart failure, understand how and when to get help if they worsen, and explore treatment options.



Day	Date	Time	Cost	Code
F	Jan. 27	11 a.m.–noon	Free	178203-01

VALENTINE'S BREAKFAST

Enjoy a delicious catered breakfast of egg bake, breakfast potatoes, fruit, pastries, juice and coffee with friends at this fun annual event! A portion of this event is sponsored by The Colony of Eden Prairie. The registration deadline is Feb. 8.



Day	Date	Time	Cost	Code
W	Feb. 15	9–10:30 a.m.	\$9	178202-02

Location: Senior Center Community Room

ALMOST SPRING LUNCH

Come for the food and stay for the entertainment! Enjoy spaghetti with meat sauce, Caesar salad, garlic bread, beverages and dessert. Listen to fun music and socialize with friends. The registration deadline is March 22.

Day	Date	Time	Cost	Code
W	March 29	11:30 a.m.–1 p.m.	\$10	271209-03

Location: Senior Center Community Room

SENIOR SPOTLIGHT

JEAN KIRKHUS AND STAN BRAUN

The Senior Center offered its first-ever high-adventure trip in September. And when we say "high" adventure, we mean it!

Let's start from the top ... literally. Jean Kirkhus and Stan Braun are regulars at the Singles Coffee Klatch where a few months ago the idea of taking a ziplining trip originated. Having ziplined before, Jean and Stan were more than excited to participate.

And participate they did, along with three others who experienced the thrill of ziplining and eight others who enjoyed horseback riding at Sand Creek Adventures in Jordan. The zipliners soared 1,700 feet across the Sand Creek bluffs at a vertical height of 100 feet over the water!

You might think it would be all downhill from there. But after lunch, Senior Center Recreation Supervisor and fellow zipliner Sue Bohnsack gave an impromptu tour of the Jordan Lagoon Park water falls, an added adventure to an already thrilling trip.

Back on the ground again, Stan continues his involvement at the Senior Center, helping out with our gardens and Garden Party with his mom, Charlotte Bruening. He's been active with us for a few years now. Jean has also been a regular at the Senior Center for a few years, enjoying the Singles Coffee Klatch.

And it's at the next Coffee Klatch where Jean, Stan and other adventurers may eagerly ask, "Where are we headed for our next high-adventure trip?"



Jean Kirkhus and Stan Braun brave the ziplines. Other adventurers participate in ziplining and horseback riding.



General Trip Notes: All trip times are estimated; please allow extra time for traffic and weather. Please let the Senior Center staff know if you require special accommodations. Certified service animals may accompany participant(s) on a trip. Optional travel insurance is available upon request.

EDEN PRAIRIE CITY TOUR

VAN TRIPS Explore behind the scenes to see a little of what it takes to run a city. First, go to jail... or at least enjoy a tour of the police department jail, dispatch and fingerprinting room. Then step back in time at the Eden Prairie Historical Society's History Center and Museum in the City Center. Jump forward to the present again for a tour of the Water Treatment Plant and lunch at Davanni's where you'll order, pay and tip on your own. After lunch, head to the Outdoor Center to meet Stan Tekiela, well-known naturalist and photographer, see live animals and visit the Staring Lake Observatory. Then we're off for a behind-the-scenes tour of the Dell Road Fire Station where we'll conclude our tour with dessert. The registration deadline is Jan. 17.



Day	Date	Time	Cost	Code
T	Jan. 24	10 a.m.–3 p.m.	\$15	171311-01

Location: Leave from Senior Center

ST. PAUL HOTEL, ICE SCULPTURES AND COMO CENTENNIAL GARDENS

COACH BUS TRIPS Arrive at the Visitors Center of the Marjorie McNeely Conservatory for a guided tour of the conservatory and greenhouse. Spend time walking through the gardens exploring the Como Zoo and Garden Safari Gift Store. Lunch will be served at the exquisite M ST. Café, the latest in extraordinary restaurants at The Saint Paul Hotel. Enjoy a sideboard buffet of hot entrees with side dishes, salad, soup, coffee or tea. Cross the street to Saint Paul's beautiful and historic Rice Park featuring the Winter Carnival's signature events, the ever-sparkly ice carving competition. The registration deadline is Jan. 13.



Day	Date	Time	Cost	Code
T	Jan. 31	8:45 a.m.–4 p.m.	\$70	171309-01

Location: Leave from Senior Center

MOBSTERS IN MINNEAPOLIS

COACH BUS TRIPS St. Paul wasn't the only city to witness the crime and corruption of gangsters. Its twin city of Minneapolis had them too! Venture through the past when Minneapolis was crime-laden and home to some not-so-wholesome folks. Visit the sites of the 3rd Northwestern Bank hold-up by the Barker/Karpis gang, Babyface Nelson's traffic violation and the murder of journalist Walter Liggitt. Your costumed gangster guide, a two-bit gangster hoodlum or one of his gun molls, will show you how the mob transformed one of the country's largest crime areas during the 1920s and 1930s. Enjoy lunch at the fun and festive atmosphere of Buca di Beppo where you'll be served a mixed green salad or Caesar salad, house bread and a pasta entrée of spaghetti marinara, fettuccine alfredo or chicken parmigiana. We'll top off this Italian feast with delicious cheesecake. The registration deadline is Feb. 3.

Day	Date	Time	Cost	Code
T	Feb. 21	9 a.m.–2:30 p.m.	\$67	171314-01

Location: Leave from Senior Center

TREASURE ISLAND CASINO TRIP

COACH BUS TRIPS Gather friends and enjoy round trip deluxe motor coach transportation to Treasure Island Casino, courtesy of Shamrock Casino Tours. Each person receives \$20 on their casino card plus a \$3 per person food coupon that can be used for the buffet or any restaurant. Must be 55 years or older. Please provide your Casino number (if applicable) at registration. The registration deadline is Feb 21.



Day	Date	Time	Cost	Code
M	March 6	8:45 a.m.–3:30 p.m.	\$25	279302-01

Location: Leave from Senior Center

TRIPS

"THAT'LL BE THE DAY" IN RED WING



Arrive at the St. James Hotel and enjoy lunch of grilled Tuscan chicken, sides, beverages and dessert. Visit the B. Sheldon Theatre, or the "glittering jewel box" as it was called after its 1986 refurbishing. It was the first city-owned theater in America



presenting a matinee show of "That'll Be The Day" with music of Roy Orbison, Linda Ronstadt and Gene Pitney. Regional songstress Colleen Raye with Wayne Lachau, Debbie O'Keefe and The Echoes Rock and Roll Band premiere an all-new show including favorites such as "Pretty Woman", "You Got It", "Crying", "Town Without Pity", "Blue Bayou", "That'll Be The Day", and more. The registration deadline is Feb 10.

Day	Date	Time	Cost	Code
F	March 17	9:15 a.m.–4:45 p.m.	\$79	271313-01

Location: Leave from Senior Center

DAY TRIPPERS THEATER WIFE BEGINS AT FORTY



It's a laugh-a-minute farcical afternoon

when housewife Linda fans the flames of passion with her mild-mannered, ordinary husband George. Throw in the assistance of their fun-loving neighbors Roger and Betty, along with George's father Bernard and their son Leonard – and you have the formula for a belly-rolling good time. This hilarious comedy was written by Ray Cooney, author of *Funny Money*, *Run For Your Wife* and *It Runs in the Family*. The play, lunch and transportation are included. The registration deadline is Mar. 8.



Day	Date	Time	Cost	Code
Th	Mar. 23	11:45 a.m.–3:45 p.m.	\$53	171312-01

Location: Leave from Senior Center

THE GLENN MILLER ORCHESTRA



Travel to the Coyote Moon Grille

overlooking the Territory Golf Club in St. Cloud, Minnesota for a lunch buffet of salads, entrees, side dishes, desserts and beverages. Then we're off to the St. Cloud Paramount Theatre to listen to the sounds of the world-famous Glenn Miller Orchestra. New generations of big band enthusiasts and devotees of the Glenn Miller sound have carried the torch honoring the man, the music and the era. The registration deadline is March 9.



Day	Date	Time	Cost	Code
T	April 11	9:45 a.m.–5 p.m.	\$74	271314-01

Location: Leave from Senior Center

EXTENDED TRIPS

TULIP TIME IN HOLLAND, MICHIGAN



Enjoy the tastes, sights, sounds and crafts of 19th century Holland in one place. The history and culture of the Dutch come to life in this extraordinary trip. Experience a Volksparade full of thousands of locals dressed in Dutch costumes. Visit historic areas, city parks, Hope College, Neilis Dutch Village Family Theme Park, Veldheer's Tulip Gardens and DeKlomp Wooden Shoe & Delft Factory. On the return trip we'll stop in Wisconsin Dells to visit the High Rock Cafe, Swiss Maid Fudge store, Candy Connection Chocolate store and Goody Goody Gum Drop candy store. Call the Senior Center for the full four-day trip itinerary.

Depart: Tuesday, May 9 at 7 a.m.
Return: Saturday, May 13 at 5:30 p.m.

Register by March 2 to pay the deposit and hold your spot. After March 3, this deposit is not refundable.

Day	Date	Cost	Code
T–Sa	May 9–13	\$135 deposit	271312-01

Register by March 30 to make your remaining payment using code 271312-02 for double occupancy and 271312-03 for single occupancy.

Day	Date	Cost	Code
T–Sa	May 9–13	\$880 double occupancy	271312-02
T–Sa	May 9–13	\$1,210 single occupancy	271312-03

Location: Leave from Golden Valley City Hall, 7800 Golden Valley Rd.

RED HAT EVENTS CRIMSON CHAPEAUX

No membership, no dues. Just join in for some Red Hat fun. Wear your red hat attire during all events. All are welcome!

Red Hat trips are open to all seniors!

MONTHLY BREAKFAST CLUB

Red Hat Ladies are invited on the second Friday of each month at 9:30 a.m. at the Original Pancake House in Eden Prairie for breakfast. Order and pay on your own.

Dec. 9, Jan. 13, Feb. 10

HOLIDAY LUNCH PARTY

Celebrate the holidays with your fellow Red Hat ladies at this fun holiday lunch and gift exchange. Provide your own transportation to the Gold Nugget Tavern & Grill where you will exchange a \$10 pre-wrapped gift. Order, pay and tip for your own lunch. Register for this event to attend the lunch. The registration deadline is Nov. 28.

Day	Date	Time	Cost	Code
T	Dec. 13	Noon-2 p.m.	\$6	171301-01

Location: Gold Nugget, 14401 Excelsior Boulevard, Minnetonka

SCIENCE MUSEUM OF MINNESOTA A BEAUTIFUL PLANET

Explore the Science Museum exhibits and grab a light lunch at Elements Café where you'll order, pay and tip on your own. Head to the Omnitheater to marvel at *A Beautiful Planet*, a breathtaking portrait of Earth from space that provides a unique perspective and increased understanding of our planet and galaxy as never seen before. Made in cooperation with NASA, the film features stunning footage of our magnificent blue planet — and the effects humanity has had on it over time — captured by the astronauts aboard the International Space Station. The registration deadline is Jan. 4.

Day	Date	Time	Cost	Code
Th	Jan. 19	10 a.m.-3 p.m.	\$28	171303-02

Location: Leave from Senior Center

HISTORY THEATRE: THE HIGHWAYMEN

The powerful new drama *The Highwaymen* explores the dynamics surrounding the construction of Interstate 94 through the thriving, tight-knit Rondo neighborhood of St. Paul where homes, stores and businesses once stood. The new freeway tore through the heart of St. Paul's largest African-American community. This drama sheds light on the decision-making process that shattered the lives of thousands of middle-class residents and changed the face of St. Paul forever. Enjoy lunch at Joseph's Grill where you will order, pay and tip on your own. The registration deadline is Jan. 26.

Day	Date	Time	Cost	Code
Th	Feb. 9	9 a.m.-2:45 p.m.	\$34	171313-01

Location: Leave from Senior Center



Thanks to 2016 Senior Advisory Council Members

Back (l-r): Scott Hillestad, Marshall Anderson, Curt Goke, Ben Webber, John Dollerschell.

Front (l-r): Rita Stensgaard, Gordon Williams, Charlotte Bruening, Marlene Fischer.

2017 SENIOR ADVISORY COUNCIL CANDIDATE INFORMATION



Brad Arnold has learned a lot about the Senior Center as a past council member. He is the volunteer for evening game night, continues to attend a few special events and plays cribbage regularly. Brad wants to serve on the council again to support the staff in making the Senior Center a great place to come and recreate.



Dennis McKay is an engaged volunteer, participant and supporter at the Senior Center and in our community. He helps with the bread program and enjoys playing Cribbage and 500. Dennis would like to know more about how he can contribute to the growth of the Senior Center.



Penny Tvrdik is a long-time active member of the Duplicate Bridge group. She also likes to stay physically and mentally active by playing pickleball and mahjongg. Her goal is to get input from a wide variety of seniors so our offerings are expanded in a way that increases awareness and participation.



Ben Webber (incumbent) is currently working at the Senior Center as a bus driver and building attendant. He has participated in many special events and trips. An Eden Prairie resident for 27 years, Ben is interested in supporting the Senior Center and offering great activities for all.



Gordon Williams (incumbent) is a familiar face to many at the Senior Center. He drove the Senior Center vans for 14 years and continues to schedule rides for the Monday morning shopping trip. He is very active at the center, playing cribbage, attending special events and helping out wherever possible. Gordon is happy to serve his community and fellow seniors.

Place your completed ballot in a sealed envelope. Drop the envelope off at the Senior Center reception desk or mail to:

**Senior Center
8950 Eden Prairie Road
Eden Prairie, MN 55347**

Ballots are also available at the Senior Center. All ballots due **Friday, Jan. 6, 2017.**

One ballot per person.

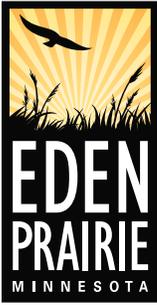
SENIOR CENTER ADVISORY COUNCIL OFFICIAL BALLOT

Mark the boxes for
Four (4) candidates

- Brad Arnold**
- Dennis McKay**
- Penny Tvrdik**
- Ben Webber**
- Gordon Williams**

Write in your nomination:





**City of Eden Prairie
Senior Center**
8950 Eden Prairie Road
Eden Prairie, MN 55347

952-279-8050
edenprairie.org/seniorcenter

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OR CURRENT RESIDENT

The City of Eden Prairie does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in the admission or access to, or treatment or employment in, its programs, activities or services.

ALMOST SPRING LUNCH

Welcome the warmth of spring
with friends, food and fun!

Wednesday, March 29
11:30 a.m.–1 p.m.
\$10

Senior Center

Registration code: 271209-03
Registration deadline: March 22

Enjoy spaghetti with meat sauce, Caesar salad, garlic bread, beverages and dessert catered by Buca di Beppo. Back by popular demand, Kent Appeldoorn will provide the musical entertainment. Eden Prairie firefighters will be on hand to help with lunch and talk about the Home Safety Program.

