



EDEN PRAIRIE SENIOR CENTER

CELEBRATING VITALITY IN THE *Community*

NEWS



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FALL 2016

NEWS

A quarterly publication that provides up-to-date information on programs and services and connects people to people.

Senior Center Mission

The mission of the Eden Prairie Senior Center is to *provide* for social, recreational, educational, psychological and physical needs; to *enhance* the visibility of older adults; and to *promote* participation in all aspects of community life.

Building Information

Hours:

**Monday–Friday
8:30 a.m.–4 p.m.**

Evening and weekend hours based on programs and rentals.

Phone:

952-279-8050

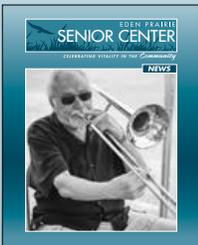
Staff

Sue Bohnsack

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Recreation Specialist
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Cover: Jammers band member Warren Schulz plays trombone at the Senior Center Garden Party.

SUE AND DOUG'S CORNER

The Senior Center is seeking enthusiastic individuals to join its Senior Advisory Council. Each member must commit to attending one 90-minute meeting per month and assist with some of the special events throughout the year. Council members are also asked to bring new ideas.

Stop by the Senior Center for an application if you're interested in applying.



Doug Tucker and
Sue Bohnsack

GENERAL INFORMATION

SENIOR TRANSPORTATION PROGRAM

The Senior Center provides rides to scheduled events for residents unable to drive themselves. Call three business days before the event to reserve a ride. All rides depend on availability. Staff will contact riders on or before the scheduled day with exact pickup time. We ask for a \$4 contribution per round trip, or you can make a monthly or annual contribution for ongoing ridership. Individual private transportation assistance is not available.

ROOM RENTALS

Host your business meetings, parties and group outings at the Senior Center! We offer classrooms or the Community Room, where you can bring your own food and include up to 90 people. Visit edenprairie.org/seniorcenter for details and photos.

Call **952-279-8050** to book your private room rental today.

CANCELTION AND REFUND POLICIES

Cancelations

The Senior Center reserves the right to cancel, postpone or combine programs; and change instructors. Classes with insufficient enrollment will be canceled and payment will be refunded or credited to your account. Participants will be notified of program cancelations prior to the start of the program.

Refunds

A full refund for a program will be given if you cancel before the registration deadline. Refunds will be issued by check (mailed within 15 business days), account credit or as a refund to your credit card. Refunds of \$10 or less will be credited to your account. Refunds requested after the registration deadline vary by program and, if approved by the Senior Center recreation supervisor, are subject to a \$5 processing fee. No refunds will be issued after the start of a program without approval.

Call **952-279-8050** or stop by the Senior Center to withdraw from a trip or program.

3 EASY WAYS TO REGISTER



1. Walk in



2. Mail



**3. Online at
edenprairie.org/register**

Make checks payable to Eden Prairie Senior Center.

Meals on Wheels

Get nutritionally-balanced, tasty meals delivered weekdays over the noon hour. Deliveries may be long- or short-term. No limitations apply. Cost is \$4.50 per meal or less if you qualify for a Hennepin County waiver. Call 952-835-1665, email blepmn@gmail.com or visit bloomepmeals.com for more information.

Euchre

If you know how to play euchre and want to help get other members to play this great game, please call the Senior Center to provide your name and contact information.

Passport to Fun

This program enables people to participate in Parks and Recreation programs who may otherwise be unable due to financial constraints. Apply at the Senior Center or Community Center.

Senior Outreach and Caregiver Services

Are you a caregiver for a loved one? Let Senior Community Services help! A program of Senior Community Services, Senior Outreach and Caregiver Services provides support to friends, spouses and other family members who help an older adult remain at home. Its staff connects caregivers with needed services and resources for their loved one, and directly supports them as well. Licensed social workers provide caregivers with consultation, caregiver support groups, family meeting facilitation and coaching. To support computer-savvy caregivers, the program also offers an online care team tool, CareNexion, to enlist family and friends in sharing the care. For more information or to request service, call 612-770-7005.

H.O.M.E.

Household and Outside Maintenance for Elderly (H.O.M.E.) is a service offered to those who need help with yard work, painting or household chores. Call H.O.M.E. at 952-888-5530 for more information or to set up an appointment.

The Center is Closed:

Monday, Sept. 5–Labor Day

Friday, Nov. 11–Veterans Day

Thursday and Friday, Nov. 24–25
Thanksgiving Holiday

Medication Disposal Program

Did you know that the Eden Prairie Police Department offers free medication disposal bags? These bags allow you to safely destroy unwanted medications and discard them in your garbage. You can pick up the bags at the Senior Center. Visit edenprairie.org/medicationdisposal for more information.

Senior Outreach Social Worker

Lee Ann Eiden is available to talk about services you may need such as transportation, personal or medical care, home maintenance, finances and more. Call 952-934-3370 to schedule an appointment.



Lee Ann Eiden, MSW

Free Safety Check for Seniors

No-cost Home Safety Check for senior citizens is offered by the Household and Outside Maintenance for Elderly (H.O.M.E.) program of Senior Community Services. They will check your need for handrails, grab-bars, smoke detectors, lighting and other home safety components. People ages 60-plus residing in suburban Hennepin County and Minneapolis are eligible for this limited time offer. No sales. For more information contact 952-746-4046 or email home@seniorcommunity.org for more details.

Senior Community Services is a nonprofit organization with five programs serving elders and caregivers statewide. For more information please visit seniorcommunity.org or call 952-541-1019. Seniors outside of Hennepin County should contact the Senior Linkage Line at 1-800-333-2433 for information about home safety checks in their area.

WEEKLY ACTIVITIES

MONDAYS

SENIOR SINGLES COFFEE KLATCH

8:45-10:30 a.m.

Enjoy a cup of coffee at the Senior Center, meet new friends and discuss hot topics.

SHOPPING IN EDEN PRAIRIE

9 a.m.-noon

Get a ride on the Senior Center bus from home when you call the Senior Center by Wednesday of the previous week to schedule your trip. One destination per person please. A donation of \$2 each way or \$4 round trip is suggested. Call the Senior Center to sign up.

CURRENT EVENTS DISCUSSION GROUP

10-11:30 a.m.

Share and discuss a wide range of topics on current events with others. Pick a topic that caught your interest and share it with the group or just listen.

DUPLICATE BRIDGE

Noon-3:30 p.m.

Meet new friends and exercise your intellect when you join others for a friendly game of duplicate bridge. Fourteen table maximum. Call John at 952-937-2150 for more information.

CRAFTING

1-3 p.m.

Bring your own project to work on and socialize with friends and neighbors. All levels of crafters are welcome.

TUESDAYS

GREETING CARDS

9-11 a.m.

Help brighten someone's day when you create greeting cards for the Senior Center's recycled card program. Each card is sold for 50 cents; all proceeds help support programs and services at the center. Check out the display board in Room 200 for examples.

QUILTING GROUP

9-11 a.m.

Put your creative skills to use and work with others to help sew a quilt or bring your own project. The finished quilt is raffled in May during Senior Awareness Month.

BREAD DAY

9:30 a.m.-4 p.m.

Bread and other baked goods are available for a suggested donation of \$1 per item. Please limit your quantities so all can participate. Items available as supplies last. All donations support the Senior Center. *Also occurs on Fridays..*



PARTY BRIDGE

12:30-3:30 p.m.

Meet new friends when you join others for a friendly game of bridge. Arrive a few minutes early. Call Mary at 952-445-0978 for more information

MAHJONGG

12:30-3 p.m.

Played with a set of 152 tiles based on Chinese characters and symbols, Mahjongg is commonly played by four players (with some three-player variations). Similar to rummy, it is a game of skill, strategy and calculation that involves a certain degree of chance. *Also occurs on Thursdays.*

CRIBBAGE

1-3:30 p.m.

Join us for a fun game and spend time with friends. All levels of players are welcome. *Also occurs on Thursdays.*

WEEKLY ACTIVITIES

WEDNESDAYS

500 CARD GAME

1-3:30 p.m.

Try your hand at a friendly game of 500. All levels of players are welcome. No need to register.

WALKING CLUB

4:30-6 p.m.

Join fellow walkers for a brisk walk in the Eden Prairie mall. Meet outside the Sears lower level entrance to walk with the group. Call the Senior Center at **952-279-8050** if you have questions.



FRIDAYS

MEN'S COFFEE GROUP (WOODCHUCKS)

9:30-11 a.m.

Enjoy conversation with gentlemen of all ages, backgrounds and experiences. Swap interesting stories, anecdotes and memories to relate. Call Don at 952-334-2943 for more information.

BREAD DAY

9:30 a.m.-4 p.m.

See Tuesday's description for details.

PARTNER BRIDGE

Noon-3:30 p.m.

Practice your bridge and improve your partnership. Deal and play like party bridge, but play the whole session with the same partner. Bring your regular partner or find one when you arrive. Call Lorraine at 952-941-2060 for more information.

PINOCHLE

12:30-3:30 p.m.

Challenge your mind at a game of pinochle. Call the Senior Center if interested in playing. Volunteers are available to teach new players.

COMMUNITY WOODSHOP

Monday-Friday

8:30 a.m.-4 p.m.

Wednesday Evenings

5:30-8:30 p.m.

(Please call by 4 p.m. Monday to confirm availability.)

This fully-equipped community resource is available to anyone to use during regular business hours (and some evenings). All participants must take a two-hour safety course before using the equipment in the shop. Another person must be present to use the shop during equipment use. Pay \$45 for the required safety course and \$25 per quarter or \$5 per visit. We accept donations of shop tools and equipment. Most regular shop equipment is available.

THURSDAYS

MAHJONGG

10:30 a.m.-noon

See Tuesday's description for details.

HAND AND FOOT/ CANASTA CARD GAME

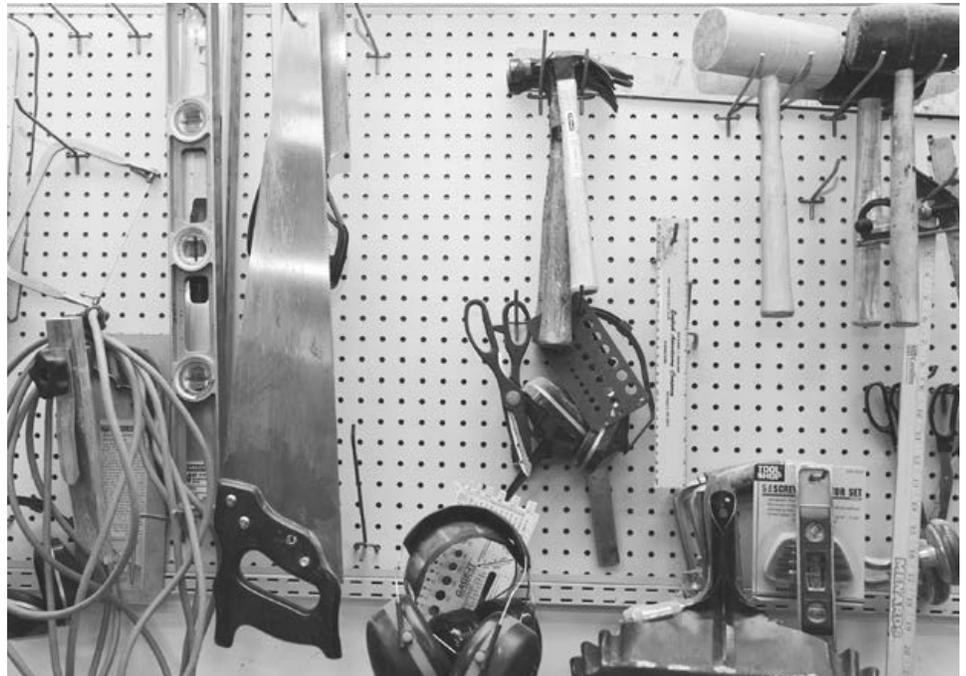
12:30-3:30 P.M.

Enjoy an afternoon of cards with friends. No experience necessary.

CRIBBAGE

1-3:30 p.m.

See Tuesday's description for details.



Senior Center Community Woodshop

MONTHLY ACTIVITIES

EVENING GAME NIGHT!

**Second Tuesday
6-8 p.m.**

Bring your favorite game or play one of ours during this open time. Volunteer Brad Arnold will be available to organize the group and games. Please RSVP to **952-279-8050** (not required but will help with the planning.) We hope to expand this monthly gathering to include more dates!

Sept. 13; Oct. 11; Nov. 8.

WEDNESDAY BOOK CLUB

10-11:30 a.m.

Contact Sue Stewart at 952-944-8259 for more information.

Sept. 14

"The Nightingale"

Kristin Hannah

Oct. 12

"Resilience: Two Sisters and a Story of Mental Illness"

Jessie Close, Pete Earley

Bring suggestions for 2017 book choices!

Nov. 9

"Spirit Car: Journey to a Dakota Past"

Diane Wilson

THURSDAY BOOK CLUB

10-11:30 a.m.

Contact Richard Hanson at 952-941-0153 for more information.

Sept. 15

"The Summer Before the War"

Helen Simonson

Oct. 20

"Celestial Navigation"

Anne Tyler

Nov. 17

"Tuesdays with Morrie"

Mitch Albom

Potluck will follow.

HAPPY FEET FOOTCARE

By appointment

Happy Feet Footcare Inc. provides an assessment of foot conditions, foot soak, basic nail care, foot massage and information on self-care and prevention. Call 763-560-5136 to schedule an appointment time. Cost is \$38.

Sept. 7, 19; Oct. 3; 17; Nov. 7, 21

COMPUTER CRACKER BARREL

First Thursday

9:30-11 a.m.

Eden Prairie Library

565 Prairie Center Drive

Learn basic Internet navigation and email use at this walk-in class! Knowledgeable staff is available to answer questions. Call the library at 612-543-6275 for directions.

Sept. 1, Oct. 6, Nov. 3

HEALTH INSURANCE HELP

Third Thursday

Noon-3 p.m.

Trained volunteers are available to answer questions about Medicare and health insurance forms, as well as counsel individuals in selections of supplemental health insurance. Please call the Senior Center to make your one-hour appointment.

Sept. 15, Oct. 20, Nov. 17

BUNCO

Third Friday

1 p.m.

Join this group and try your luck at a dice game with little-to-no rules. No experience necessary.

Sept. 16, Oct. 21, Nov. 18

LUNCH BUNCH

**Wednesdays or as scheduled
11:30 a.m.**

Old Chicago

12300 Singletree Lane

Join us at Old Chicago for a fun lunch outing with others! Bring a friend or meet new ones. A representative will meet you at the door and escort you to the group. Participants are responsible for their own lunch cost and transportation.

Sept. 28, Oct. 26, Nov. 23



INVESTMENTS AND FINANCE DISCUSSION GROUP

Second Wednesday

1-2:30 p.m.

Senior Center Lounge

Join this discussion group to share and expand your knowledge of investments and other financial topics.

Sept. 14

Open Discussion

Oct. 12

Year-end Tax Implications

Nov. 9

Open Discussion

HEALTH, WELLNESS AND FITNESS

SILVER SNEAKERS® CLASSIC

Beginner to Intermediate Fitness Level

Move through a variety of exercises designed to increase muscular strength, range of movement and skills required during activities for daily living. Handheld weights, elastic bands and balls are used for resistance. Some exercises are performed in a seated position and some are standing, using a chair for balance.

Day Time

T,Th 8:30–9:15 a.m. No registration required

Location: Senior Center

Cost: Community Center Members Free,

Non-members \$7 per class at the door

SILVER SNEAKERS® YOGA

Beginner to Intermediate Fitness Level

Silver Sneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

Day Time

Th 10:45–11:30 a.m. No registration required

Location: Senior Center Community Room

Cost: Community Center Members Free,

Non-members \$7 per class at the door

ZUMBA GOLD

This exhilarating exercise is a Latin-inspired dance-fitness program that blends a variety of upbeat music and contagious steps to form a “fitness party” that is downright addictive. Join us and get fit!

Day Time

T,Th 9:30–10:30 a.m. No registration required

Location: Senior Center

Cost: Community Center Members Free,

Non-members \$7 per class at the door

TAI CHI

Tai Chi is a gentle exercise that improves balance, increases heart and lung activity and is beneficial for relaxation and managing stress. The slow, flowing movements strengthen the lower body, increase coordination and are fun to do.

Day Time

T 10:30–11:30 a.m. No registration required

Location: Senior Center

Cost: \$82 for 10-session Punch Card

OLD SPOKES BIKING CLUB

April–September

Tuesdays

9:30 a.m.

If you ride approximately 10 miles per hour and like to ride 20-30 miles roundtrip, this is the group for you. Ride a different route each week. Please wear a helmet and bring a water bottle. The group will stop for a lunch/rest break during each trip. Call Duane or Diana at 952-448-1608 for more information and trip destination details. *Not all rides leave from the Senior Center.*

OLD SPOKES SHORT RIDE BIKING CLUB

Enjoy a ride that’s less than 12 miles roundtrip with a pace of 8-10 miles per hour. No lunch stop included. For questions or weather cancellations, call the Senior Center at **952-279-8050**. Please note that not all rides start from the Senior Center. Please wear a helmet and bring a water bottle.

We’re looking for a leader for the 2017 biking season! Call the Senior Center at 952-279-8050 to volunteer.

WALKING CLUB

Wednesdays

6–7 p.m. (Outdoors May–Sept.)

Join fellow walkers for a brisk walk and see the sights of many local parks. Group will meet weekly at a different location each week. Schedule and maps are available under Senior Organizations at edenprairie.org/seniorcenter or call the Senior Center at **952-279-8050**.

4:30–6 p.m. (Indoors Oct.–April)

Meet at Sear’s lower level inside Eden Prairie Center. Enjoy a meal in the food court after each walk. Call the Senior Center for more information.

HEALTH, WELLNESS AND FITNESS

INDOOR PICKLEBALL

September–May

Similar to the game of tennis, pickleball is played on a condensed ‘tennis’ court with a few varied rules. During these drop-in times, nets and equipment are available; you can also bring your own equipment. Wear comfortable clothing and white-soled tennis shoes. All ages are welcome. No registration required.

Location: Community Center Gym

Cost: Community Center Members Free,

Non-members \$6 per visit

Gym schedule varies. View the online calendar at edenprairie.org/pickleball

OUTDOOR PICKLEBALL

May–October (weather permitting)

Franlo Park, 10245 Franlo Rd.

Four courts are available during open park hours.

Day Time

M,W,F	9 a.m.–1 p.m. and 6–8 p.m.	No registration required
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Tu,Th	9 a.m.–noon	
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Pioneer Park, 9840 Sutton Drive

Day Time

M,W,F	9 a.m.–1 p.m. and 6–8 p.m.	No registration required
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Tu,Th	9 a.m.–noon	
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Riley Lake Park, 9180 Riley Lake Rd.

Six courts are available

Day Time

T,Th,Sa	8–11 a.m.	No registration required
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CLASSES

8-HOUR DEFENSIVE DRIVER SAFETY COURSE

This program is designed to refine existing skills and develop safe, defensive driving techniques. If you are 55 years or older, completion of this course qualifies you for a 10-percent discount on your automobile insurance premium. Bring your driver’s license, a pen and your AARP card for an AARP discount. Please select your price at the time of registration and bring proof of membership to class, if applicable.

Day	Date	Time	Code
W,F	Sept. 28,30	9 a.m.–1 p.m.	479201-11
T,W	Oct 11,12	5:30–9:30 p.m.	479201-12
T,W	Nov 15,16	Noon–4 p.m.	479201-13
T,W	Dec 13,14	5:30–9:30 p.m.	179201-07

Location: Senior Center Room 201

Cost: \$20 AARP Member, \$25 Non-Member

4-HOUR DEFENSIVE DRIVER SAFETY COURSE REFRESHER

If you have taken a state-approved 8-Hour Driver Safety course, you can now renew through this 4-hour refresher course. Please bring your driver’s license and a pen. Advanced registration required. For an AARP discount, participants must bring their AARP card to class. Please select your price at the time of registration and bring proof of membership to class, if applicable.

Day	Date	Time	Code
F	Sept. 2	Noon–4 p.m.	479202-20
T	Sept. 13	5:30–9:30 p.m.	479202-21
W	Oct. 3	9 a.m.–1 p.m.	479202-22
W	Oct. 19	5:30–9:30 p.m.	479202-23
M	Nov. 7	Noon–4 p.m.	479202-24
T	Nov. 8	5:30–9:30 p.m.	479202-25
M	Dec. 5	9 a.m.–1 p.m.	179202-13
W	Dec. 7	5:30–9:30 p.m.	179202-14

Location: Senior Center Room 201

Cost: \$20 AARP Member, \$25 Non-Member

CLASSES

BRAIN FITNESS: QUICK WITZ

Improve your memory and mental fitness with a workout class for your brain! Engage in a variety of activities to strengthen the brain skills most impacted by aging: memory, recall, reasoning, processing speed, attention and concentration. The Quick Witz curriculum receives rave reviews for enhancing mental performance in a fun and entertaining way. During the last class of each session, new participants can attend to preview the class. Six classes. Register one week prior to class start date.

Day	Date	Time	Cost	Code
W	Sept. 7–Oct. 12	10–11 a.m.	\$59	471202-01
W	Oct. 26–Nov. 30	10–11 a.m.	\$59	471202-02

Location: Senior Center

LEARN TO PLAY OLD-TIME FIDDLE

Learn basic techniques and how to play by ear. Cost of the book and CD (\$5) for new students is payable to the instructor. Fiddle rentals are available for \$25 for two months, also payable to the instructor. Please indicate at the time of registration if you need to rent a fiddle. Instructor is Phil Schaffer. The registration deadline is Sept. 12.

Day	Date	Time	Cost	Code
M	Sept. 19–Nov. 7	10–11 a.m.	\$49	471101-01

Location: Senior Center

LEARN TO PLAY MAHJONGG

Mahjongg is a game for four players that uses 152 tiles based on Chinese characters and symbols. The aim is to be the first player to get a complete hand. Learn the rules and strategies to the game. Each participant has the option to purchase the official National Mahjongg League card for \$9 from the instructor, Judy Truce. Eight-week class. Register one week prior to class start date.

Day	Date	Time	Cost	Code
Th	Sept. 22–Nov. 10	1–2:30 p.m.	\$48	471201-02

Location: Senior Center

CREATIVE HEALTHY LIVING IN COLOR

Let your inner child return to play! Charlene Austin will start this session with simple physical movement and enhanced focus to introduce the new trend of Adult Coloring, a simple joy of creative expression while promoting relaxation of mind and body with basic repetitive motion. Let go of stress and explore your own style. Colored pencils and crayons are commonly used. Materials will be provided or bring your own. Adult coloring books can be found at many locations, even the drug store. Register one week prior to each class start date.

Day	Date	Time	Cost	Code
F	Sept. 23	1–2:30 p.m.	\$3	476201-01
F	Oct. 28	1–2:30 p.m.	\$3	476201-02
F	Nov. 18	1–2:30 p.m.	\$3	476201-03

Location: Senior Center Room 201

BEGINNING BRIDGE: BOOK ONE BIDDING CLASS

Meet new people, have a good time AND learn to play the most stimulating card game ever! This course covers the current approach to basic bidding and play using a combination of class time and actual play. It is designed for those who have never played or who have not played in a while. Our instructor is Silver Life Master and ACBL-Certified Mignon Nearmyer. You can purchase a book for the course at class from the instructor for \$20 (cash only please). No class Nov. 11. The registration deadline is Sept. 20.

Day	Date	Time	Cost	Code
F	Sept. 23–Nov. 18	9–11 a.m.	\$64	471205-01

Location: Senior Center Room 203

MEMOIR AND CREATIVE WRITING CLASS

Write and read work with other class participants for inspiration, and lively but gentle discussion. Enhance your work using description, dialogue, humor, and personal insight to tell stories, whether about your life or fiction. In class exercises are fun and prompt quick flying, spontaneous writing. Remember punctuation and tense for clarity. Meet other writers with similar backgrounds wishing to share common interests and writing experiences. The registration deadline is Sept. 6.

Day	Date	Time	Cost	Code
T	Sept. 13–Nov. 1	1–3 p.m.	\$71	471204-02

Location: Senior Center Room 203

CLASSES

COFFEE WITH THE COPS

Have coffee with Eden Prairie Police Officer and Senior Liaison Elizabeth Stroner. Bring your police-related questions and concerns for discussion. This is a great opportunity to learn more about your police department or law enforcement topics. Register two days prior to class.

At our Oct. 19 session, AAA will present "Keeping the Keys", a free workshop that offers tips for safe driving as we age. Family members are welcome!

Day	Date	Time	Cost	Code
W	Oct. 19	9:30–11 a.m.	Free	479203-01
W	Dec. 14	9:30–11 a.m.	Free	179203-03

Location: Senior Center

NAVIGATING MEDICARE

Learn all about Medicare! A senior community services representative will discuss Medicare Parts A, B and D coverage. The class is an educational opportunity and not a sales pitch. Full information packets will be distributed. The registration deadline is Nov. 23.

Day	Date	Time	Cost	Code
W	Nov. 30	1–3:30 p.m.	\$12	471203-01

Location: Senior Center



HEALTHY AGING TALK WITH DR. DENKINGER

Dr. Ben Denkinger of the Augsburg College Psychology Department is a cognitive and biological psychologist who specializes in age-related changes in memory, decision making and the perception of time. Join this fascinating discussion on how our thinking, memory and acquired knowledge change in the course of normal, healthy aging. In particular, Dr. Denkinger will describe how different forms of intelligence and memory stabilize or fluctuate as we age, as well as some of the approaches to manage and accommodate these expected changes. The registration deadline is Oct. 18.

Day	Date	Time	Cost	Code
Th	Oct. 20	10:30 a.m.–noon	Free	471212-01

Location: Senior Center Room 201

INDOOR GOLF LEAGUE AT INSIDE EDGE

Join other golf enthusiasts for league play on state-of-the-art golf simulators. Take a swing at some of the most historic and beautiful courses in the world. League play is five weeks with the first week being practice to learn the equipment. All skill levels are welcome. Play nine holes per week. The registration deadline is Oct. 24.

Day	Date	Time	Cost	Code
M	Nov. 7–Dec. 5	9:30–11 a.m.	\$60	473201-01

Location: Inside Edge Golf

COMMUNITY CENTER

FREE GUIDED TOURS FOR SENIORS

Join Senior Fitness Liaison Charlene Austin in exploring the Community Center. Learn about Silver Sneakers® classes and visit the studios where they're held. Walk through the locker rooms that provide easy access to the beautiful warm-water pools.

Sign up at the Senior Center, Community Center or online at edenprairie.org/register.

Day	Date	Time	Cost	Code
T	Sept. 13	1:30–2:30 p.m.	Free	4373302-1
T	Nov. 8	1:30–2:30 p.m.	Free	4373302-2

Location: Community Center Lobby

There are ongoing sessions bi-monthly on the first Wednesday of the month at 9:30 a.m. and third Monday of the month at 12:15 p.m.



For more information visit edenprairie.org/communitycenter

Swimming • Yoga • Silver Sneakers®
Silver and Fit • Biking • Pickleball
Classes • Fun!

OUTDOOR CENTER

The Outdoor Center offers a wide range of classes, workshops, trips and activities in the fields of outdoor recreation and environmental education. All classes and trips meet onsite at the Outdoor Center unless otherwise noted.

Check out Nature Rocks open house every Saturday morning (Sept. 3–Dec. 17) from 10 a.m.–noon.

APPLE CIDERING

Day	Date	Time	Cost	Code
Su	Oct. 2	1–3 p.m.	\$7/family	487205-01

Location: Outdoor Center

NATURE WRITING CLUB FOR ADULTS

Day	Date	Time	Cost	Code
M	Sept. 12–Oct. 10	1–3 p.m.	\$35	487206-01

Location: Outdoor Center



See the Outdoor Center section of the Parks and Recreation program guide for more classes and trips or visit edenprairie.org/outdoorcenter

Nature • Geocaching • Star Watching
Kayaking • Canoe • Hikes • Trips

ART CENTER

OPEN STUDIO TIME

Interested in using the Art Center outside of class? Register for the quarterly open studio program and use the clay studio, jewelry studio or glass studio to work on your own projects without instruction. The Art Center is fully equipped with kilns, pottery wheels, jewelry benches, lamp worked glass bead kits and more! Rules and regulations apply. Open studio users must complete at least one Art Center class in the medium they wish to work in before using open studio.

\$20 per quarter, \$5 per visit, \$75 per year

ART CRAWL

Day	Date	Time	Cost
Sa	Sept. 24	10 a.m.–5 p.m.	Free
Su	Sept. 25	Noon–5 p.m.	Free



Find current open studio hours and other classes and events at edenprairie.org/artcenter

Painting • Clay • Fused Glass • Drawing
Sculpting • Jewelry Making • Printmaking

SEPTEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 8:30 a.m. Silver Sneakers 9 a.m. Ziplining/Horseback Trip 9:30 a.m. Zumba Gold 9:30 a.m. Computer Cracker Barrel 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage	2 9:30 a.m. Men's Group Noon Driver Safety (4-hr.) Noon Partner Bridge 12:30 p.m. Pinochle
5 Senior Center Closed Labor Day	6 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class	7 10 a.m. Brain Fitness 10 a.m. Nutrition Class 1 p.m. 500 Cards 6 p.m. Walking Club Happy Feet by Appointment	8 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage	9 9:30 a.m. Men's Group 9:30 a.m. R.H. Breakfast Noon Partner Bridge 12:30 p.m. Pinochle
12 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9:30 a.m. Shopping in EP 10 a.m. Current Events/Discussion Group Noon Duplicate Bridge 1 p.m. Crafting	13 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class 5:30 p.m. Driver Safety (4-hr.) 6 p.m. Game Night	14 9 a.m. Advisory Council Meeting 10 a.m. Brain Fitness 10 a.m. Book Club 1 p.m. 500 Cards 1 p.m. Investment Group 6 p.m. Walking Club	15 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10 a.m. Book Club 10:45 a.m. Silver Sneakers Yoga 12:15 p.m. Day Trippers Trip 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Health Insurance	16 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle 1 p.m. Bunco 1 p.m. Fashion Show
19 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9 a.m. Shopping in EP 10 a.m. Current Events/Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting Happy Feet – by Appointment	20 8:30 a.m. Silver Sneakers 9 a.m. Quilting 9 a.m. Greeting Cards 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class	21 10 a.m. Brain Fitness 1 p.m. 500 Cards 6 p.m. Walking Club	22 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 12:30 p.m. Let's Go Fishing Trip 1 p.m. Mahjongg Class 1 p.m. Cribbage	23 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group 9:45 a.m. RH Fall Splendor Noon Partner Bridge 12:30 p.m. Pinochle 1 p.m. Creating Healthy Living
26 8:45 a.m. Coffee Klatch 9 a.m. Beginning Bridge Class 9 a.m. Shopping in EP 10 a.m. Fiddle Class 10 a.m. Current Events/Discussion Group Noon Duplicate Bridge 1 p.m. Crafting	27 7:30 a.m. Autumn Rays Trip 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class	28 9 a.m. Driver Safety (8-hr.) 10 a.m. Brain Fitness 11:30 a.m. Lunch Bunch 1 p.m. 500 Cards 6 p.m. Walking Club	29 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	30 9 a.m. Beginning Bridge Class 9 a.m. Driver Safety (8-hr.) 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle

OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 8:45 a.m. Coffee Klatch 9 a.m. Driver Safety (4-hr.) 9 a.m. Shopping in EP 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge Happy Feet by Appointment	4 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class	5 10 a.m. Brain Fitness 11:30 a.m. Fall Lunch 1 p.m. 500 Cards 4:30 p.m. Walking Club	6 8:30 a.m. Silver Sneakers 9:30 a.m. Computer Cracker Barrel 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	7 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle
10 8:45 a.m. Coffee Klatch 8:45 a.m. Treasure Island Trip 9:30 a.m. Shopping in EP 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting	11 8:30 a.m. Stillwater Trolley 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class 5:30 p.m. Driver Safety (8-hr.) 6 p.m. Game Night	12 9 a.m. Advisory Council meeting 10 a.m. Book Club 10 a.m. Brain Fitness 1 p.m. 500 Card Tournament 1 p.m. Investment Group 4:30 p.m. Walking Club 5:30 p.m. Driver Safety (8-hr.)	13 8:30 a.m. Silver Sneakers 8:30 a.m. Stillwater Trip 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	14 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group 9:30 a.m. RH Breakfast Noon Partner Bridge 12:30 p.m. Pinochle
17 8:45 a.m. Coffee Klatch 9:30 a.m. Shopping in EP 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting Happy Feet – by Appointment	18 8:30 a.m. Silver Sneakers 9 a.m. Quilting 9 a.m. Greeting Cards 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class	19 9:30 a.m. Coffee with the Cops 1 p.m. 500 Cards 4:30 p.m. Walking Club 5:30 p.m. Driver Safety (4-hr.)	20 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10 a.m. Book Club 10:30 a.m. Healthy Aging 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage	21 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group 9:30 a.m. RH Breakfast 11 a.m. Live Well B-Day Noon Partner Bridge 12:30 p.m. Pinochle 1 p.m. Bunco
24 8:45 a.m. Coffee Klatch 9:30 a.m. Shopping in EP 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting	25 8:30 a.m. Silver Sneakers 9 a.m. Quilting 9 a.m. Greeting Cards 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class	26 10 a.m. Brain Fitness 11:15 a.m. Old Log Theater 11:30 a.m. Lunch Bunch 1 p.m. 500 Cards 4:30 p.m. Walking Club	27 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	28 9 a.m. Beginning Bridge Class 9 a.m. RH Breakfast PJ Party 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle 1 p.m. Creative Healthy Living
31 8:45 a.m. Coffee Klatch 9:30 a.m. Shopping in EP 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge 1 p.m. Crafting				

NOVEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 1 p.m. Memoir Writing Class	2 9 a.m. Advisory Council Mtg. 10 a.m. Brain Fitness Class 1 p.m. 500 Cards 4:30 p.m. Walking Club	3 8:30 a.m. Silver Sneakers 9:30 a.m. Computer Cracker Barrel 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	4 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group 11 a.m. Medical Clinic Tour Noon Partner Bridge 12:30 p.m. Pinochle
7 8:45 a.m. Coffee Klatch 9:30 a.m. Monday Shopping 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group 10 a.m. Fiddle Class Noon Duplicate Bridge Noon Driver Safety (4-hr.) 1 p.m. Crafting Happy Feet – By Appointment	8 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage 5:30 p.m. Driver Safety (8-hr.) 6 p.m. Game Night	9 9 a.m. Veterans Breakfast 10 a.m. Book Club 10 a.m. Brain Fitness 1 p.m. Investment Group 1 p.m. 500 Cards 4:30 p.m. Walking Club	10 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 10 a.m. Mahjongg 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Mahjongg Class	11 Senior Center Closed Veterans Day
14 8:45 a.m. Coffee Klatch 9:30 a.m. Monday Shopping 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group Noon Duplicate Bridge 1 p.m. Crafting	15 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi Noon Driver Safety (8-hr.) 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	16 10 a.m. Brain Fitness 11:30 a.m. High School Play Noon Driver Safety (8-hr.) 1 p.m. 500 Cards 4:30 p.m. Walking Club	17 8:30 a.m. Silver Sneakers 9:30 a.m. Zumba Gold 9:30 a.m. RH St. Peter Trip 10 a.m. Mahjongg 10 a.m. Book Club 10:45 a.m. Silver Sneakers Yoga 12:30 p.m. Canasta 1 p.m. Cribbage 1 p.m. Health Insurance	18 7:45 a.m. Spam Museum 9 a.m. Beginning Bridge Class 9:30 a.m. Men's Group Noon Partner Bridge 12:30 p.m. Pinochle 1 p.m. Bunco 1 p.m. Creative Healthy Living
21 8:45 a.m. Coffee Klatch 9:30 a.m. Monday Shopping 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group Noon Duplicate Bridge 1 p.m. Crafting Happy Feet – By appointment	22 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	23 10 a.m. Brain Fitness 11:30 a.m. Lunch Bunch 1 p.m. 500 Cards 4:30 p.m. Walking Club	24 Senior Center Closed Thanksgiving	25 Senior Center Closed Thanksgiving
28 8:45 a.m. Coffee Klatch 9:30 a.m. Monday Shopping 9:30 a.m. Golf League 10 a.m. Current Events/ Discussion Group Noon Duplicate Bridge 1 p.m. Crafting	29 8:30 a.m. Silver Sneakers 9 a.m. Greeting Cards 9 a.m. Quilting 9:30 a.m. Zumba Gold 10:30 a.m. Tai Chi 12:30 p.m. Mahjongg 12:30 p.m. Party Bridge 1 p.m. Cribbage	30 10 a.m. Brain Fitness 1 p.m. 500 Cards 1 p.m. Navigating Medicare Class 4:30 p.m. Walking Club		

SPECIAL EVENTS

FALL FASHION SHOW

Join us for a live fashion show by Taylor Marie's. Enjoy pie from Bakers Square and browse clothing to purchase (sizes XS to XXL available.) Select your pie at registration, choosing peanut butter cup, lemon meringue or French silk. Call **952-279-8050** if you are interested in being a model. Even if you don't attend the show, shopping is open to all from 2–3:30 p.m. A portion of this event is sponsored by Exit Realty Metro. The registration deadline is Sept. 9.

Day	Date	Time	Cost	Code
F	Sept. 16	1–3:30 p.m.	\$6	471211-01

Location: Senior Center

500 CARD TOURNAMENT

Challenge your brain at 500! This tournament is open to all who know how to play the game. Prizes will be awarded. No need to register. Arrive by 12:45 p.m.

Day	Date	Time	Cost
W	Oct. 12	12:45 p.m.	\$2

Location: Senior Center Community Room

LIVE WELL BIRTHDAY PARTY

Come to the Senior Center and celebrate Living Well. Once a quarter, we will gather to recognize everyone who has a birthday in the past three months. Join the discussion of health-related topics, hear stories and celebrate the lives of our friends and neighbors. Each birthday celebration will feature a guest speaker on a topic related to healthy living and vital aging here in Eden Prairie.



Thank you to North Memorial Health Care for providing our speaker, Dr. Shear, who will talk about healthy veins. Following this event, you can receive a FREE vein and peripheral artery disease screening. Please pre-register for this 10-minute appointment when you sign up. Screenings will be held noon–3 p.m. at the Senior Center.

Please pre-register for this free event so we can plan for supplies and room set-up.

Day	Date	Time	Cost	Code
F	Oct. 21	11 a.m.–noon	Free	478203-01

Location: Senior Center

Fall Lunch

Join us for food, fun and friendship! Enjoy a delicious lunch of chicken wild rice hotdish, squash, salad, dinner roll and beverage. A portion of this event is sponsored by Olive Branch Estates and Senior Care Authority.

Wednesday, Oct. 5
11:30 a.m.–1 p.m.
 Senior Center
 8950 Eden Prairie Road
 \$11

Registration Code: 478202-01
 Registration Deadline: Sept. 28



edenprairie.org/register

General Trip Notes: All trip times are estimated; please allow extra time for traffic and weather. Please let the Senior Center staff know if you require special accommodations. Certified service animals may accompany participant(s) on a trip. Optional travel insurance is available upon request.

**DAY TRIPPERS THEATRE:
MIRACLE ON SOUTH DIVISION STREET**

VAN TRIPS Meet the Nowaks of Buffalo. Clara and

her three grown children have always known they were special, ever since the miraculous night in 1942 when the Blessed Mother appeared to Grandpa in his barbershop. Since then the neighborhood has looked upon the Nowaks' 20-foot shrine as a beacon of hope and faith. But when daughter Ruth unveils her plan to write a play about the miracle, a long-ago deathbed confession amazes the family and the legend hilariously unravels. Play, lunch and transportation are included. The registration deadline is Sept. 2.



Day	Date	Time	Cost	Code
Th	Sept. 15	12:15–3:45 p.m.	\$54	471312-02

Location: Leave from the Senior Center

LET'S GO FISHING

VAN TRIPS This non-profit organization allows seniors and veterans to experience the joy of being on the water. Join us to see what it's all about! Gather at the Senior Center and ride to Lake Riley for a fully accessible boat ride and opportunity for fishing. Equipment and life jackets are provided. The boat ride lasts two hours. Wear a hat and sunscreen, and bring your own beverage. Optional donations to "Let's Go Fishing" are accepted at the boat. Register one week prior to event date.



Day	Date	Time	Cost	Code
Th	Sept. 22	12:30–3:30 p.m.	\$5	471305-01

Location: Leave from Senior Center

TREASURE ISLAND CASINO TRIP

VAN TRIPS Gather friends and enjoy round trip deluxe motor coach

transportation to Treasure Island Casino, courtesy of Shamrock Casino Tours. Each person receives \$20 on their casino card plus a \$3 per person food coupon that can be used for the buffet or any restaurant. Must be 55 years or older. Please provide your Casino number (if applicable) when registering. The registration deadline is Oct. 3.



Day	Date	Time	Cost	Code
M	Oct. 10	8:45 a.m.–5 p.m.	\$25	479302-01

Location: Leave from Senior Center

**OLD LOG THEATER:
MILLION DOLLAR QUARTET**

VAN TRIPS This musical captures the memorable day when four rock 'n' roll greats made music history. On Dec. 4, 1956, an auspicious twist of fate brought together Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley at Sun Records' storefront studio in Memphis, Tennessee. The man who made it happen was the "Father of Rock 'n' Roll," Sam Phillips, who discovered them all. This was the only occasion the four legends-to-be played together, and it has come to be known as one of the greatest rock jam sessions of all time. Lunch is your choice of boneless braised beef short ribs, grilled skin on boneless chicken breast, lemon baked tilapia or vegetarian pasta and sides. Make your meal choice at registration. The registration deadline is Oct. 12.

Day	Date	Time	Cost	Code
W	Oct. 26	11:15 a.m.–4:30 p.m.	\$58	471307-02

Location: Leave from Senior Center

TRIPS

MEDICAL CLINIC TOUR AND LUNCH

VAN TRIPS North Memorial health care systems will lead this fun, interactive tour of the Eden Prairie and Minnetonka clinics. You can ask questions, see what each site has to offer and get a better feeling of what happens behind the scenes at each location. A box lunch will be provided by North Memorial with your choice of Sierra turkey sandwich, ham and swiss sandwich, or Green Goddess cob salad. Make your choice at registration. Transportation, lunch and tours are included. The registration deadline is Oct 28.

Day	Date	Time	Cost	Code
F	Nov. 4	11 a.m.–2:30 p.m.	\$7	471319-01

Location: Leave from Senior Center

EDEN PRAIRIE HIGH SCHOOL PLAY: FIDDLER ON THE ROOF

VAN TRIPS The Eden Prairie High School drama department presents *Fiddler on the Roof*. This is a life-affirming story of Tevye, a poor milkman whose love, pride and faith help him face the oppression of turn-of-the-century czarist Russia. Enjoy lunch at Tavern 4&5 where you will pay on your own, then we'll head to the 1:30 p.m. show. Transportation is included. No tickets are needed for the show. The registration deadline is Nov. 9.

Day	Date	Time	Cost	Code
W	Nov.16	11:30 a.m.–4:30 p.m.	\$6	471304-01

Location: Leave from Senior Center

SPAM® MUSEUM & HOLIDAY TEA

COACH BUS TRIPS Arrive in downtown Austin, Minnesota to visit the new SPAM® Museum that reopened in the spring of 2016. The museum features audios, videos and displays depicting the rich history of Hormel Food. The self-guided tour is interactive, educational and fun for all ages. The SPAM® Museum gift store has collectible memorabilia and SPAM® products, even the hard-to-find varieties. Visit the historic Hormel Home decorated for the holidays, featuring designs from area vendors and collectors. Enjoy a Holiday Tea of a variety of scones, sandwiches and desserts. Walk through the house that was the home of George and Lillian Hormel from 1901 to 1926. Stained glass windows and leaded glass beautifully accent the decorative woodwork in this six-bedroom home. Stop at the Russell Stover Candy Kitchen in Owatonna on the return trip home. The registration deadline is Oct. 2.

Day	Date	Time	Cost	Code
F	Nov.18	7:45 a.m.–4:30 p.m.	\$57	471313-01

Location: Leave from Senior Center

VETERANS BREAKFAST

Celebrate and honor the veterans who have served our country. All are welcome. Enjoy a full-catered breakfast of French toast bake, breakfast meat, fruit, rolls, juice and coffee. A guest speaker presents on a veteran-related topic. A portion of this event is sponsored by Brookdale Senior Living and The American Legion Post 580.

Wednesday, Nov. 9

9–10:30 a.m.

**Senior Center
8950 Eden Prairie Road**

\$8

Registration Code: 478201-01
Registration Deadline: Nov. 2

edenprairie.org/register

TRIPS

GRAND CHRISTMAS TRIP



Tour the James J.

Hill Mansion, former home of Great Northern Railway Empire builder James J. Hill. Completed in 1891, the 36,000 square-foot Richardsonian Romanesque mansion features a skylit art gallery, crystal chandeliers, pipe organ, stained glass windows and elaborate woodcarving. The Hill family did not decorate for the holiday season, so it will look much like their holiday season. Leave the Hill House and arrive on popular Grand Avenue for lunch at Tavern on Grand in The Lake room. Please make your choice at registration of walleye basket which is a walleye fillet, cut into pieces, battered and deep-fried or grilled chicken breast, both served with seasoned tavern fries, coleslaw, beverage and ice cream. After lunch take a guided tour of the Alexander Ramsey House. Experience the sights, sounds, and tastes of a Victorian Christmas. The Alexander Ramsey House offers visitors a chance to step back in time to the Christmas season of 1875. View original family ornaments and Christmas gifts. Discover how the Ramsey family and their friends, neighbors and servants prepared for and celebrated the Christmas season. Shop in the Carriage House Gift Store. There are replica Victorian ornaments and other gifts. The registration deadline is Nov. 18.



Day	Date	Time	Cost	Code
W	Dec. 7	8:45 a.m.–3:45 p.m.	\$71	171307-01

Location: Leave from Senior Center

EXTENDED TRIPS

FIRESIDE THEATRE PRESENTS: MAMMA MIA



Ring in the New Year at the spectacular Fireside Theatre in Fort Atkinson, Wisconsin to watch the smash hit musical and ultimate feel-good show, *Mamma Mia*. *Mamma Mia* tells the story of a mother, a daughter, a Greek island paradise, an unforgettable trip down the aisle and the storytelling magic of ABBA's familiar and timeless songs. After enjoying this enchanting tale of love, laughter and friendship, we'll stay overnight at the Holiday Inn Express in Fort Atkinson.

In the morning, enjoy breakfast at the hotel before traveling to Wisconsin Dells. We'll stop at Trappers Turn Restaurant for lunch, a New Year's Day hot buffet with deluxe salad bar, hot bread station, variety of desserts and beverages. Full itinerary and travel insurance information is available at the Senior Center. The total trip cost includes initial payment and final payment.

Depart Saturday, Dec. 31 at 9 a.m.

Return Sunday, Jan. 1 at 4:30 p.m.

Register by Oct. 30 to pay the initial payment and hold your spot.

Day	Date	Cost	Code
Sa,Su	Dec. 31–Jan. 1	Deposit	\$115 171308-01

Register by Nov. 10 to make your final payment.

Day	Date	Occupancy	Cost	Code
Sa,Su	Dec. 31–Jan. 1	Double	\$310	171308-02
Sa,Su	Dec. 31–Jan. 1	Single	\$380	171308-03

**Location: Leave from Golden Valley City Hall,
7800 Golden Valley Road**

Holiday Lunch

Join us for this annual holiday celebration and enjoy a catered meal from Kowalski's of turkey, potatoes, gravy, dressing, green bean casserole, roll, beverages and pumpkin pie. Live music featuring students from Eden Prairie Schools adds to the festive mood. Summit Place Senior Campus is sponsoring a portion of this event. The registration deadline is Dec. 14.

Wednesday, Dec. 21

11:30 a.m.–1 p.m.

Senior Center

8950 Eden Prairie Road

\$11

Registration Code: 178201-02

Registration Deadline: Dec. 14

edenprairie.org/register

RED HAT EVENTS CRIMSON CHAPEAUX

Red Hat trips are open to all seniors!

No membership, no dues. Just join in for some Red Hat fun. Wear your red hat attire during all events. All are welcome!

MONTHLY BREAKFAST CLUB

Red Hat Ladies are invited on the second Friday of each month at 9:30 a.m. at the Original Pancake House in Eden Prairie for breakfast. Order and pay on your own.

Sept. 9, Oct. 14, Nov. 11

FALL SPLENDOR OF QUILTS AND LUNCH

VAN TRIPS Travel to the Chaska



Community Center where you will experience the Fall Splendor of Quilts 2016 Quilt Show. There will be hundreds of quilts displayed, as well as vendors, a small quilt auction, bed-turning demonstrations and more. Enjoy lunch at Houlihan's Restaurant where you will pay and tip on your own. After lunch we'll head to Riley Lake to board the Let's go Fishing boat where you can catch a few fish or just enjoy a slow ride around the lake to enjoy the fall scenery. The boat ride may be canceled due to bad weather, in which case the trip may end early. The registration deadline is Sept. 16.

Day	Date	Time	Cost	Code
F	Sept. 23	9:45 a.m.–3:45 p.m.	\$12	471320-01

Location: Leave from Senior Center

RED HAT BREAKFAST PAJAMA PARTY

Don your favorite Red Hat attire or fabulous PJs for a catered breakfast of egg bake, breakfast potatoes, fruit, pastries and coffee. Visit with friends and have fun looking through scrapbooks of years of Red Hat trips and gatherings. Win door prizes, play bingo and enjoy fun for all. The registration deadline is Oct. 21.

Day	Date	Time	Cost	Code
F	Oct. 28	9–11 a.m.	\$16	471910-01

Location: Senior Center

DAY TRIP TO ST. PETER



Enjoy a full day traveling to and touring St. Peter. Begin with a stunning historical tour of the St. Peter Hospital Museum, sculptures and arboretum. Enjoy lunch at Whiskey River Restaurant where you will order, pay and tip on your own. In the afternoon, we'll tour the St. Peter Treaty Site History Center and Traverse des Sioux State Historical Site, where there will be a guided tour and talk about St. Peter history. The tours and transportation are included. The registration deadline is Nov 10.

Day	Date	Time	Cost	Code
Th	Nov. 17	9:30 a.m.–4 p.m.	\$24	471901-01

Location: Senior Center

SENIOR SPOTLIGHT

For years Alice Shug has volunteered at the Senior Center by making greeting cards. She has made great friends and created beautiful cards! She also discovered other interesting activities in addition to volunteering, such as enjoying trips, playing 500 cards and most recently playing canasta, another card game.

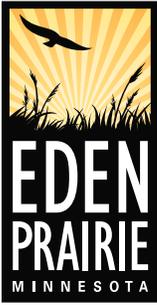


Lifelong Eden Prairie resident Alice Shug says, "The Senior Center is a great place to make great friends!"

Alice is busy away from the Senior Center as well. She tends her large garden, canning its produce and baking delicious desserts for family and friends. (Thanks for the jam, Alice!)

At 91 years young and with two children, six grandchildren, 16 great-grandchildren and two great-great-grandchildren, Alice still finds time to enjoy activities at the Senior Center and give back to her community. She says, "I come here for the fellowship of friends."

Thank you, Alice, for sharing your time and talents – as well as your smile and delicious treats – with us at the Senior Center!



**City of Eden Prairie
Senior Center**
8950 Eden Prairie Road
Eden Prairie, MN 55347

952-279-8050
edenprairie.org/seniorcenter

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OR CURRENT RESIDENT

The City of Eden Prairie does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in the admission or access to, or treatment or employment in, its programs, activities or services.

Nature Rocks!

WEEKLY OPEN HOUSE

Join us for free nature-based activities both
inside the cabin and outside on the trails.

**Every Saturday
10 a.m.–noon**



Outdoor Center • 13765 Staring Lake Parkway
edenprairie.org/outdoorcenter